



# MÉTIS NATION OF ONTARIO

## Health Legislation FACT SHEET

### What Is Happening With Health Legislation?

The Métis Nation of Ontario, other Métis Nation Governments, and other Indigenous partners are working with the Canadian Government, alongside the provinces and territories, toward the co-development of distinctions-based Indigenous health legislation in order to improve access to high-quality, culturally relevant health services. As the process continues, the MNO continues to work toward a meaningful co-development process that will result in health legislation that will lead to the transformation and evolution of healthcare systems that improve the health of Métis people.

To read more about the process, please visit the government of Canada website: [Co-developing distinctions-based Indigenous health legislation \(https://www.sac-isc.gc.ca/eng/1611843547229/1611844047055\)](https://www.sac-isc.gc.ca/eng/1611843547229/1611844047055).

Work is expected to continue through 2023 and into 2024.

### Why Is This Important?

The MNO considers holistic Indigenous health to encompass the physical, mental, emotional, spiritual, and cultural aspects of one's life. Through an understanding of self, a vision of wellness, and a balanced body, mind, and spirit the MNO promotes a vision of health and wellness through the healing continuum. The MNO works to facilitate and coordinate health and wellness programs, services, and activities to address health and wellness needs of Métis people in Ontario at the provincial, regional, and local levels.

The co-development of health legislation must address holistic and distinct cultural needs of Métis people, acknowledging the life experience of Métis people and closing health status gaps between Métis and other Canadians. Meaningful Nation-to-Nation co-development of health legislation is fundamental.

### How Do I Have My Voice Heard?

The MNO will be gathering input related to the federal government's approach to co-develop distinctions-based Indigenous health legislation and to ensure the needs and aspirations of Métis people and communities are understood and reflected in the process.

For more information about opportunities to provide input and about MNO healing and wellness programs and services, please go to the MNO's website at [www.metisnation.org](http://www.metisnation.org).

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