

The MNO wants to hear from Métis citizens to inform the development of a responsive Métis health care system. Have your voice heard by filling out and returning this paper survey **OR** by completing the online survey.

**\*\*\*Please complete only one survey per household\*\*\***

This survey is voluntary and confidential. To ensure only MNO Citizens provide feedback, we ask that you provide your name, MNO citizenship number and date of birth.

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_ **Citizenship #:** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

This information will be used for validation purposes only. All data collected through the survey will be anonymized, meaning no response will be associated with or attributed to a particular individual or household and the results will be analyzed by an independent survey research firm, Phoenix Strategic Perspectives Inc.

1. **To help us understand how results vary by region, please provide the first three digits of your postal code?** The format is a letter, followed by a number, followed by a letter—for example: A0Z.

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2. **What is the name of the city/town/community in which you live?**

\_\_\_\_\_

3. **Including yourself, how many people usually live in your household?**

\_\_\_\_\_

4. **What are the biggest health concerns facing you and other people living in your household right now?**

Check all that apply. Use the box below to add other concerns.

- |   |  |
|---|--|
| <input type="radio"/> Alcohol consumption | <input type="radio"/> Healthy pregnancy            |
| <input type="radio"/> Addiction           | <input type="radio"/> Infant and child development |
| <input type="radio"/> Aging at home       | <input type="radio"/> Injury and violence          |
| <input type="radio"/> Cancer              | <input type="radio"/> Mental health                |
| <input type="radio"/> Chronic illness     | <input type="radio"/> Nutrition and healthy eating |
| <input type="radio"/> Covid-19            | <input type="radio"/> Obesity                      |
| <input type="radio"/> Dementia            | <input type="radio"/> Smoking/tobacco dependency   |
| <input type="radio"/> Diabetes            | <input type="radio"/> Stress                       |

**Other concerns:**

**5. What's the biggest problem encountered when looking after the health and well-being of you and your household in the last 12 months?**

**6. How important is the development of distinctions-based Métis health legislation? Distinctions-based Métis health legislation refers to legislation that is intended to address the unique needs and circumstances of Métis communities.** Check your rating on the scale.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not at all Important	Not very Important	Somewhat Important	Very Important	Extremely Important	No opinion

**Key principles and health and well-being priorities have been identified to guide the development of distinctions-based Métis health legislation.**

**7. How much do you agree with the following principles serving as a foundation for Métis health legislation?** Use a 5-point scale, where 1=Strongly disagree, 2=Disagree, 3=Neither disagree nor agree, 4=Agree, 5=Strongly agree.

Métis health legislation must....	Agreement Rating [check the box that applies]
a) uphold and protect the inherent rights of the Métis under section 35 of the Constitution.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
b) align with the UN Declaration on the Rights of Indigenous Peoples Act.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
c) involve meaningful Nation-to-Nation co-development.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
d) have predictable and sustainable multi-year funding.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
e) ensure Métis Governments have financial capacity to deliver health and well-being services.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
f) ensure the underlying focus of all health programming is based in the social determinants of Indigenous health.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
g) confront the harms of Canada's colonial history and address the ingoing impacts on Métis people.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
h) protect, promote, and uphold the human rights of Métis people.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
i) eliminate racism in the present health system.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
j) ensure that Métis Governments have the authority to design and deliver programs, supports, and services to Métis people.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
k) provide for Métis ownership and protection of citizens' health data.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
l) protect Métis Governments from liability and immunity.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
m) apply Métis first intersectional gender-based analysis (GBA).	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

8. **Thinking about the health and well-being of you and others living in your household, how important is it that each of the following priorities be supported by the development of Metis-specific health legislation?** Use a 5-point scale, where 1=not at all important, 2=not very important, 3=somewhat important, 4=very important, and 5=extremely important.

<b>Health and Well-being Priorities</b>	<b>Importance Rating</b> [check the box that applies]
a) Barrier-free access to primary health care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
b) Barrier-free access to health specialists	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
c) Extended health benefits for all Métis people	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
d) Access to long-term and palliative (hospice) care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
e) Access to home and community care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
f) Disease prevention and health promotion programs	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
g) Culturally relevant sexual health and reproductive care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
h) Mental health and substance use supports	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
i) Community-based pre- and post-natal care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
j) Expanded virtual health opportunities	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
k) More cultural supports and traditional well-being programs	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
l) Building of family-centred Métis community health centres	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

9. **There are a number of things that the Métis government and Canada can do to increase the number of Métis people working in the health care system. Please rate how effective you think each of the following would be in terms of helping do this. Use a 5-point scale, where 1=not at all effective, 2=not very effective, 3=somewhat effective, 4=very effective, and 5=extremely effective.** Use the box below for additional comments or suggestions.

<b>Metis government and Canada interventions</b>	<b>Effectiveness Rating</b> [check the box that applies]
Support the priority hiring of Métis health professionals	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Provide financial support to Métis students studying in the health care field	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Create mentorship opportunities for Métis people working in health care	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Recruit more Métis students into medical and nursing schools	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Eliminate barriers to workforce retention of Métis health professionals	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Support the priority hiring of Métis health professionals for management positions	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Support the building of culturally competent health systems	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
Support and fund health research and needs assessments led by Métis Governments	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
<b>Comments/suggestions:</b>	

**10. Including yourself, what is the age and gender of each person living in your household? Also, please provide your assessment of the overall health of each individual.**

	<b>Year of birth</b>	<b>Gender</b> [check the box that applies]	<b>Overall health rating</b> [check the box that applies]
You:		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Gender diverse	<input type="checkbox"/> Very poor <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Very good
Person 2:		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Gender diverse	<input type="checkbox"/> Very poor <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Very good
Person 3:		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Gender diverse	<input type="checkbox"/> Very poor <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Very good
Person 4:		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Gender diverse	<input type="checkbox"/> Very poor <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Very good
Person 5:		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Gender diverse	<input type="checkbox"/> Very poor <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Very good

Please use the last page of the questionnaire if you need more room.

**11. Would you like to participate in additional opportunities to provide input on health and related topics?**

- Yes
- No (Go to [Question 13](#))

**12. Please let us know the ways you would prefer to provide input in the future.** Check all that apply.

- An online survey
- A paper survey
- Online discussion sessions
- In-person discussion sessions

**13. If you're interested in participating online, please provide your email address if you would like the MNO to contact you about future opportunities to provide input.**

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**14. Finally, if you have time for one last question... Please tell us what you think is most important to help create an ideal Métis citizen health and well-being system to serve our communities in the future.**

**Thank you very much for taking the time to complete this survey. Use the business reply envelope provided to return the completed survey and have your voice heard.**