Bonjour/ Hello,

I am Cecile Coutu, Senator Sudbury Métis Council. Born in Sudbury and raised in Sturgeon Falls, Ontario. I have always lived in region 5 and been part of the MNO since 1993, proud descendent of the McGregor/Riel Family "V.M.F.L." I have four brothers and the proud mother of two sons and three grandsons.

I honour our Métis ancestors, cultures, and traditions, fluent in French, Michif and English. I am dedicated, honest, trustworthy, fair and a great sense of humor; I am inclusive and embrace all, I am a skilled negotiator, problem solver with the ability to take on challenges, assume responsibility where and when necessary to achieve the results desired.

A very highly active volunteer within my community, I served on the Help Line, Palliative Care Worker, Communication Liaison in regards to how amalgamation would impact small communities. Sitting on "Lunec" at Laurentian University. Attended many conferences as an invited Senator, giving presentations on bullying and suicide. Building relationships with other Indigenous communities. Was a Métis Elder at Cambrian College and signed the MOU at the college. I have organized many feasts and events.

Owner of multiple businesses and properties. Was the secretary of the Sudbury Business & Professional Women, served on council of The Sudbury Chamber of Commerce, a Life Coach, and a lifelong student of life experiences of all I am destined to do.

I have had the pleasure of meeting most of you and excited to meet with you again, I'm looking forward to chat with those of you whom I have yet to meet.

It would be an honour to work beside you, learn from you and be part of the PCMNO with you.

We've been given a great responsibility and that is to keep our Métis Nation together (MNO) and to pave a better future for our citizens and youth.

Merci/Maarsi/Thank you for your support,

Senator Cecile Coutu
Cell - 705-562-8021
Email – cecilecoutu@eastlink.ca