



Hello! My name is Andréa Heacock and I am running for the position of MNOWC Women's Rep for Region 5. I am a proud registered and verified Citizen with the Métis Nation of Ontario, and a descendent of the Beausoleil - Giroux family lines. My ancestors were from Drummond Island, then Penetanguishene, Parry Sound, Byng Inlet and Britt Ontario. I have resided in the Sudbury area for most of my life. I am a mom to 6 kids - 5 boys and 1 girl, ranging in age between 10 and 22! I enjoy spending time with my family, camping, baking, crafting and learning new things!

I have held the position of Women's Rep for the Sudbury Métis Council since September 7, 2023. I have attended many Tri-Council meetings for Region 5, many MNO Community Relations info sessions and Town Hall Meetings, and I have sat in on several MNOWC virtual meetings, all to help myself gain and develop knowledge that can be shared with all of our citizens in Region 5.

I have been very active in my home community, making connections with our local Indigenous Health Center and local Indigenous Friendship Center with the hopes of future collaborations for workshops. I post regularly on the Sudbury Métis Council and Sudbury Métis Citizens Facebook Pages with content that would be of interest to our Citizens, whether it be job opportunities / wellness information / workshops that I have come across or that I would be offering. I have participated in many different cultural crafting workshops over the years and continue to do so, so that I can acquire as much skill and knowledge as I can to bring back to our Citizens through workshops that I myself am able to host. I do consider myself to be highly skilled in many traditional and non-traditional crafts and love the opportunity to share this knowledge! If I don't know the answer or how to do something I will do my best to educate myself. As Women's Rep for Sudbury Métis Council I have also established a beading circle, which is held at the MNO office in Sudbury twice a month.

Professionally, I am a Transitional and Housing Support Worker at a local Women's Shelter, supporting women and those who identify as women who have experienced intimate partner violence and have left their relationship to rebuild their lives. I have been working in this field for 27 years and truly love my job! I am always happy to share knowledge on this subject to Citizens in need.

I am grateful to have had the opportunity to work with so many of our Citizens as the Sudbury Métis Council Women's Rep, and I look forward to your support and your vote in becoming the MNOWC Women's Rep for Region 5. I believe I am a strong candidate for this position, and that my skills, knowledge and abilities enforce this as being the right choice to represent our Citizens in Region 5!
Marsii,

Andréa Heacock

