



National Indigenous Peoples Day - June 21

Metis Significance

Metis are a distinct people with a unique history and culture. They are the descendants of the intermarriage between European men and Indigenous women. Metis have a rich and diverse heritage that is an integral part of Canada's multicultural fabric.

Metis Significance for Elementary Schools

Grade	Learning Objectives	Activities
Grade 1	Identify the Metis flag and its colors.	Coloring page, flag craft.
Grade 2	Describe the Metis as a distinct people.	Reading story, Metis dance.
Grade 3	Explain the importance of the Metis in Canadian history.	Metis jig, Metis jigging.
Grade 4	Describe the Metis as a distinct people with a unique history and culture.	Metis jig, Metis jigging.
Grade 5	Describe the Metis as a distinct people with a unique history and culture.	Metis jig, Metis jigging.
Grade 6	Describe the Metis as a distinct people with a unique history and culture.	Metis jig, Metis jigging.

