

Métis Nation of Ontario

POST-SECONDARY EDUCATION (PSE)

STUDENT HANDBOOK | 2026-27



Métis Nation
of Ontario 

MÉTIS NATION OF ONTARIO (MNO)

POST-SECONDARY EDUCATION (PSE)

IN ONTARIO

This resource was created with the goal of informing current and prospective Métis post-secondary students about the supports available to them through the MNO and their Post-Secondary Institution, where many find themselves away from the care and comfort of home, often for the first time.

Please use this resource as one way to find the connections and supports you need on campus; a helping hand while you pursue your educational goals. Whether you are looking to connect with the Indigenous Centre on campus or are searching for scholarships, or need food or housing supports, a place to start can be found on the following pages for your school.

More information on current MNO Post-Secondary Education programs and services can be found by visiting our webpage (www.metisnation.org) or on the MNO Education Hub mobile app (linktr.ee/mnoeducationhub).

Some personalized support contacts in this handbook may become outdated as roles change. If you are having difficulties accessing or contacting a support, please reach out to the MNO Post-Secondary Education Team at psupport@metisnation.org. Please also email the PSE team for help accessing PSE programs and services!

If you are in crisis, please call **911** or **988**, Canada's nation-wide suicide prevention line. Please also consider contacting Hope for Wellness (**1-855-242-3310** or www.hopeforwellness.ca), a crisis line for Indigenous peoples. Alternatively, you can also connect with an Indigenous crisis counselor by texting METIS to **686868** if you are under eighteen, or to **741741** if you are an adult. This service is offered through Kids Help Phone (www.kidshelpphone.ca/get-info/first-nations-inuitand-metis).

For non-urgent matters, referrals to the MNO's Mental Health and Addiction Services programs, or for help navigating mental health and addictions services in your community, please contact our confidential support services at **1-800-263-4889 Ext. 7** or MHA@metisnation.org.

ABOUT MNO EDUCATION & TRAINING

The MNO began to offer training initiatives in 1996 with funding from the Métis Human Resources Development Agreement. Since then, the Education and Training Branch has grown and developed to include a comprehensive infrastructure that delivers a full range of programs. It supports the educational success of all Métis across Ontario, beginning in early learning, continuing through kindergarten to grade twelve, into adulthood through post-secondary education, and then into employment. We also work to retain and revitalize our languages, honour our culture and way of life, and provide ongoing learning outside formal education structures.

As a branch, we advocate for an inclusive education system by ensuring a Métis voice in education decisions, including developing education policies and programs within Ontario. Our expertise and investments are critical to educational outreach, resource development, education action plan development, and implementation through productive engagement with Provincial and Federal ministries. We continue to foster partnerships between communities and school boards, colleges, universities, the employment sector, and other key stakeholders to create a culture of lifelong learning within our communities. We are here to support those Métis learners, educators, job seekers, and citizens who engage within education systems.

We take pride in our culture and history, recognize and honour the Métis knowledge holders and senators who contribute to our way of life, teaching and learning opportunities, and take pride in our Métis languages. We look forward to sharing our traditions with future generations as we aspire to achieve our highest potential.

Bryanna Scott-Kay

Dr. Bryanna Scott-Kay

Director, Education & Training Branch
Métis Nation of Ontario

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ALGOMA UNIVERSITY

SCHOOL INFORMATION

Algoma University

Sault Ste. Marie Campus

1520 Queen Street East
Sault Ste. Marie, ON P6A 2G4
P: 1-888-254-6628
E: info@algonau.ca
algonau.ca

Brampton Campus

24 Queen St. East (Suite LL 102)
Brampton, ON L6V 1A3
P: 905-451-0100
E: info@algonau.ca

Timmins Campus

4715 Highway 101 East, South Porcupine
Timmins, ON P4N 8R6
(On Northern College campus)
P: 1-888-254-6628
E: timmins@algonau.ca

INDIGENOUS CENTRE

Shingwauk Anishinaabe Students' Association (SASA)

E: sasa@algonau.ca

FINANCIAL AID & SCHOLARSHIPS

Algoma Financial Aid Office

E: fao@algonau.ca
bit.ly/3QLoZXn

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Algoma University. Contact psupport@metisnation.org for more information.

STUDENT BODY

Algoma University Students' Union (AUSU)

Townhouse 10, Spirit Village Dormitory (Sault Ste. Marie)
Office B204 8 Queen St. E (Brampton)
P: 705-949-2301 ext. 4730
E: studentunion@algonau.ca

OTHER SUPPORTS

Algoma University Wellness Team

E: wellness@algonau.ca
algonau.ca/wellness/

Academic Advising

bit.ly/486iMiE

RESIDENCE/HOUSING

Residence Life Office: SH215

P: 705-949-2301 ext. 4215
E: housing@algonau.ca

Off-Campus Housing

Partnership with Canada Homestay Network
P: 705-479-2314
E: help@canadahomestaynetwork.ca
Timmins: <http://www.northernnc.on.ca/housing/>

FOOD BANKS

The Food Pantry

Main Campus in The Globe, International Student Lounge, main floor
P: 705-949-2301 ext. 4730

St. Vincent Place

222 Albert St. E
Sault Ste. Marie, ON P6A 2J4
P: 705-253-2770 ext. 206
E: foodbank@vincentplacessm.ca

Soup Kitchen Community Centre

172 James St.

Sault Ste. Marie, ON P6A 1W3

P: 705-942-2694

E: soupkitchen@shaw.ca

soupkitchencommunitycentre.org/

LOCAL SHELTERS

Vincent Place Men's Shelter

Accommodates Men 18+

222 Albert Street East

Sault Ste. Marie, ON, P6A 2J4

P: (705) 253-2770

www.vincentplacessm.ca

Batchewana Family Crisis Shelter

Nimkii Naabkawagan Batchewana

236 Frontenac St

Sault Ste. Marie, ON P6A 3T3

P: 705-941-9054

Pauline's Place Non-Profit Homes

Accommodates Women, Youth, Families

235 Wellington Street West, P6A 1H6 P:

705-759-4663

www.paulinesplacessm.org

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Algoma University

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Historic Sault Ste Marie Métis Council

136 John St.

Sault Ste. Marie ON P6A 1P1

E: whitewolfclan61@gmail.com

ALGONQUIN COLLEGE

SCHOOL INFORMATION

Algonquin College

Ottawa Campus

1385 Woodroffe Avenue

Ottawa, ON K2G 1V8

P: 613-727-4723

www.algonquincollege.com

Pembroke Campus

1 College Way

Pembroke, ON K8A 0C8

P: 613-735-4700

Perth Campus

7 Craig Street

Perth, ON K7H 1X7

P: 613-267-2859

INDIGENOUS CENTRE

Mamidosewin Centre

Room E122 1st Floor

Student Commons (E Building)

P: 613-727-4723 ext. 7186

E: mamidosewin@algonquincollege.com

FINANCIAL AID & SCHOLARSHIPS

Indigenous Student Awards

bit.ly/3sKyEVY

Financial Aid Office

bit.ly/3Ra1ZTf

Student Central (lower level of Dare District)

P: 613-727-0002 or 1-800-565-4723

algonquincollege.com/ro/askus/

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Algonquin College. Contact psupport@metisnation.org for more information.

STUDENT BODY

Algonquin Students' Association

1385 Woodroffe Ave (E114)

Ottawa, ON K2G 1V8

P: 613-727-4723 ext. 7711

OTHER SUPPORTS

Student Health & Wellness

bit.ly/49JUKeC

Academic Advising

bit.ly/4rqIx5N

RESIDENCE/HOUSING

Algonquin College Residence

P: 613-727-4723 ext. 5000

E: info@algonquinresidence.ca

bit.ly/3Gc6tCp

Off-Campus Housing

bit.ly/3sK24nk

FOOD BANKS

Food Cupboard

Algonquin College (Ottawa Campus), B102

E: foodcupboardsa@algonquincollege.com

bit.ly/46pFq1d

Sadaqa Food Bank

174 Colonnade Road Unit 34
Ottawa, ON K2E 7J5
P: 613-225-0909
E: sadaqafoodbank@gmail.com

LOCAL SHELTERS

The Ottawa Mission

35 Waller Street
Ottawa, ON K1N 7G4
P: 613-234-1144
E: info@ottawamission.com

Shepherds of Good Hope

233 Rue Murray Street
Ottawa, ON K1N 5M9
P: 613-688-2929 ext. 322
E: reception@sghottawa.com

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Algonquin College

Sarah Weersink
P: 705-529-3956
E: SarahT@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr
The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola
E: EvanA@metisnation.org
The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Ottawa Region Métis Council

Suite 400-214 Montreal Rd.
Ottawa ON K1L 6C9
P: 613-748-1880 ext. 306

BROCK UNIVERSITY

SCHOOL INFORMATION

1812 Sir Isaac Brock Way
St Catharines, ON L2S 3A1
P: (905) 688-5550
E: central@brocku.ca
www.brocku.ca

INDIGENOUS CENTRE

Hadiya'dagénhahs First Nations, Métis and Inuit Student Centre

Cindy Biancaniello, Director
P: 905-668-5550 ext. 3362
C: 289-968-164
E: cbiancaniello@brocku.ca
Peer Assistants
E: fnmi-stc@brocku.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

brocku.ca/safa/

Awards and Bursaries

Brock Central (Schmon Tower 3rd Floor)
P: 905-668-5550 ext. 3052
E: central@brocku.ca
brocku.ca/safa/awards-and-bursaries/

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Brock University. Contact psupport@metisnation.org for more information.

STUDENT BODY

Brock University Students' Union

Student-Alumni Building, 3rd Floor
P: 905-688-5550 ext. 3568
E: reception@brokbusu.ca

OTHER SUPPORTS

Student Health Services

brocku.ca/health-wellness-accessibility/student-health-services/

Academic Advising & Support

E: advisor@brocku.ca
brocku.ca/academic-advising/

RESIDENCE/HOUSING

Residences at Brock

P: 905-688-5550 ext. 3370
E: res@brocku.ca
brocku.ca/residence/

Off-Campus Housing

P: 905-668-5550 ext. 3721
E: ocl@brocku.ca
www.brockocl.ca

FOOD BANKS

Food First & Free Breakfast Programs

brockbusu.ca/services/food-first/

FOOD fed FORWARD Program

13145 Lundy's Ln
P: 844-769-7333
E: FoodfedFORWARD@smallscalefarms.ca

Community Care St. Catherines

12 North St.
St. Catherines, ON L2R 6W8
P: 905-685-1349
E: clientservices@communitycaresca.ca

LOCAL SHELTERS

Southridge Shelter

201 Glenridge Ave St. Catherines

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Brock University

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

MNO Niagara Region Métis Council

Unit 1A - 3250 Schmon Parkway

Thorold, ON, L2V 4Y6

E: NRMCM@metisnation.org

www.niagararegionmetiscouncil.org

CAMBRIAN COLLEGE

SCHOOL INFORMATION

Cambrian College

Main Campus
1400 Barry Downe Road
Sudbury, ON P3A 3V8
E: info@cambriancollege.ca
P: 705-566-8101
cambriancollege.ca

Manitoulin Campus

7 Water Street East,
Little Current, ON P0P 1K0
P: 705-368-3194

Espanola Campus

91 Tudhope St. Suite 101
Espanola, ON P5E 1S6
P: 705-869-4113

INDIGENOUS CENTRE

Wanode Centre for Indigenous Services

P: 705-566-8101 ext. 7242
E: Wabnode@cambriancollege.ca

Cambrian Indigenous Student Circle (CISC)

Room 2140

FINANCIAL AID & SCHOLARSHIPS

Enrollment Centre, Room 2037

P: 705-566-8101 ext. 3033
E: awards@cambriancollege.ca
bit.ly/3STiaWd

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Cambrian College. Contact psupport@metisnation.org for more information.

STUDENT BODY

Cambrian Student Council (CSC)

Room 1164
E: CSCPresident@cambriancollege.ca

OTHER SUPPORTS

Glenn Crombie Center for Accessibility, Counselling and Wellness (GCC)

Room 2504
bit.ly/4p4RBdQ

Academic Success Centre

Room 3024
bit.ly/48DBCO5

RESIDENCE/HOUSING

Cambrian Residence

1390 Barrydowne Rd.
Sudbury, ON P3A 6B9
P: 705-566-8101 ext. 7583
E: info@cambrianresidence.ca
cambriancollege.ca/residence/

Off-Campus Housing

bit.ly/40MNsJD

Places4Students

bit.ly/3QTQbTI

FOOD BANKS

Student Council Food Bank

P: 705-566-8101 ext. 7305
E: csoffice@cambriancollege.ca

Cambrian College Food Bank

Those in need can apply for the Hardship Bursary through the Enrollment Centre.
cambriancollege.ca/hardshipbursary/

Sudbury Food Bank

1105 Webbwood Drive, Sudbury
P: 705-671-9663
E: sudburyfoodbank@vianet.ca

LOCAL SHELTERS

Sudbury Women's Centre

174 Douglas St. Suite 201 Sudbury
P: 705-673-1916
E: info@sudburywc.ca
sudburywc.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Cambrian College

Sarah Weersink
P: 705-529-3956
E: SarahT@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola
E: EvanA@metisnation.org
The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Sudbury Métis Council

875 Notre Dame Avenue
Sudbury, ON, P3A 2T2
P: 705-673-4323
E: SMC@metisnation.org

CANADORE COLLEGE

SCHOOL INFORMATION

Canadore College

College Drive Campus

100 College Drive PO Box 5001
North Bay, ON P1B 8K9
P: 705-474-7600 or 1-855-495-7915
E: info@canadorecollege.ca
www.canadorecollege.ca

Commerce Court Campus

60 Commerce Crescent
North Bay, ON P1A 0B4

Aviation Campus

55 Aviation Avenue
North Bay, ON P1B 8G2

West Parry Sound Campus

1 College Drive
Parry Sound, ON P2A 0A9
P: 705-746-9222

INDIGENOUS CENTRE

First Peoples' Centre

College Drive Campus, Room C254
P: 705-474-7600
E: FPC@canadorecollege.ca
canadorecollege.ca/first-peoples-centre

FINANCIAL AID & SCHOLARSHIPS

Financial Aid Department

P: 705-474-7600 ext. 5123/5720
E: finaid@canadorecollege.ca
canadorecollege.ca/support/money

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Canadore College. Contact psupport@metisnation.org for more information.

STUDENT BODY

Canadore Students' Council

100 College Drive, Welcome Centre, Room G223
P: 705-474-7600 ext. 5301
canadorecollege.ca/canadore-students-council

OTHER SUPPORTS

Student Success & Mental Health Services

College Drive Campus, Room C262
P: 705-474-7600 ext. 5205
E: studentsuccessnow@canadorecollege.ca
bit.ly/4iA4gDq

RESIDENCE/HOUSING

Canadore Residence

P: 705-890-1301 ext. 0
E: info@canadoreresidence.ca
canadorecollege.ca/residence

Off-Campus Residence

bit.ly/3RbSbbt

FOOD BANKS

Canadore Student Emergency Food Bank

canadorecollege.ca/support/food-bank

Located on each campus:

Main Campus: G223 (Welcome Centre)

Commerce Court Campus: E101

Aviation Campus: Y237

West Parry Sound Campus: Office 115

North Bay Food Banks

bit.ly/46soebi

LOCAL SHELTERS

Crisis Centre North Bay

Four Elms 1675 Cassells St

P: 705-474-1031

Crisis Line: 705-472-6204

E: info@crisiscentre-nb.on.ca

Hope Awaits Shelter (For Men)

Opens 17:30 Daily

390 First Ave E

P: 705-494-5465

E: contactus@hopeawaitsministries.com

211 North

E: questions@211north.ca

211North.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to Canadore College

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

North Bay Métis Council

156 McIntyre Street West

North Bay, ON, P1B 2Y6

P: 705-474-2767

E: info@northbaymetisCouncil.ca

northbaymetisCouncil.ca

CARLETON UNIVERSITY

SCHOOL INFORMATION

Carleton University

1125 Colonel By Drive,
Ottawa ON K1S 5B6
E: admissions@carleton.ca
carleton.ca

INDIGENOUS CENTRE

Ojigkwanong Indigenous Student Centre

228 Paterson Hall
E: indigenous@carleton.ca

Centre for Indigenous Support & Community Engagement

bit.ly/3GgcL49

FINANCIAL AID & SCHOLARSHIPS

Awards and Financial Aid

202 Robertson Hall
P: 613-520-3600
E: awards@carleton.ca
carleton.ca/awards

Awards for Indigenous Students

E: awards@carleton.ca
bit.ly/47rLgAr

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Carleton University. Contact psupport@metisnation.org for more information.

STUDENT BODY

Unified Support Centre

314 Nideyanan
E: usc@cusaonline.ca
cusaonline.ca/usc/

OTHER SUPPORTS

Health & Counselling Services

131 Renfrew Building
E: indigenouscounsellor@carleton.ca
wellness.carleton.ca/health/

Academic Advising Centre

carleton.ca/academicadvising/

RESIDENCE/HOUSING

Housing & Residence Life Services

261 Stormont House
P: 613-520-5612
E: residence@carleton.ca
housing.carleton.ca

Teraanga Commons Reception Desk

P: 613-520-5609
E: resdesk@carleton.ca

Places4Students

Places4Students.com

FOOD BANKS

Carleton USE (Unified Support Centre)

Food Center

University Centre 314
P: 613-520-4066
E: usc@cusaonline.ca
cusaonline.ca/usc/

Ottawa Food Bank

2001 Bantree St.
Ottawa On K1B 4X3
P: 613-745-7001
E: foodbank@ottawafoodbank.ca

LOCAL SHELTERS

Cornerstone Housing for Women

314 Booth St.

Ottawa ON K1R 7K1

P: 613-237-466 ext.300

E: info@cornerstonewomen.ca

Shepherds of Good Hope

P: 613-688-2929 ext. 322

E: reception@sghottawa.com

sghottawa.com/shelter

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Carleton University

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Ottawa Region Métis Council

Suite 400-214 Montreal Rd.

Ottawa ON K1L 6C9

P: 613-748-1880 ext. 306

E: ormc@gmail.com

CENTENNIAL COLLEGE

SCHOOL INFORMATION

Centennial College

P: 416-289-5000

centennialcollege.ca

Progress Campus

941 Progress Avenue

Toronto, ON M1G 3T8

Morningside Campus

755 Morningside Avenue

Toronto, ON M1C 5J9

Ashtonbee Campus

75 Ashtonbee Rd.

Toronto, ON M1L 4N4

Story Arts Centre Campus

951 Carlaw Avenue

Toronto, ON M4K 3M2

Performing Arts Centre

2200 Eglinton Avenue East

Scarborough, ON M1L 2N3

Downsview Campus

65 Carl Hall Road

Toronto, ON M3K 2C1

INDIGENOUS CENTRE

Indigenous Reconciliation and Healing (The Eighth Fire)

E: IIRH@centennialcollege.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Aid & Scholarships and Bursaries

P: 416-289-5300

centennialcollege.ca/financial-aid

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Carleton University. Contact psupport@metisnation.org for more information.

STUDENT BODY

CCSAI Student Association

P: 416-289-5262

E: info@ccsai.ca

ccsai.ca/connect-with-us

OTHER SUPPORTS

Health & Wellness

bit.ly/4pcl6JO

Advising & Pathways Services

bit.ly/3MbkvKQ

RESIDENCE/HOUSING

Centennial Student Residence

P: 416-438-2216 ext. 6294

E: centennialresidence@studenthousing.com

centennialcollege.ca/student-life/residence

Off-Campus Housing

bit.ly/46vpE4O

FOOD BANKS

CCSAI Student Foodbank

ccsai.ca/food-bank/ & ccsai.ca/breakfast

Daily Bread Food Bank

dailybread.ca/need-food/programs-by-location/

LOCAL SHELTERS

Scarborough Women's Centre

21 Ellesmere Rd. Suite 245 Scarborough
P: 416-439-7111
E: ed@scarboroughwomenscentre.ca

Rosalie Hall

3020 Lawrence Avenue East
Toronto ON M1P 2T7
P: 416-338-4766
E: info@rosaliehall.com

Distress Centre of Toronto

P: 416-408-4357 or text 45645

Mobile Crisis Program

P: 416-495-2891

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
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E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Centennial College

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

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Claire Accettola
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
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LOCAL MNO COMMUNITY COUNCIL

Ottawa Region Métis Council

Suite 400-214 Montreal Rd.
Ottawa ON K1L 6C9
P: 613-748-1880 ext. 306
E: ormc@gmail.com

COLLÈGE BORÉAL

SCHOOL INFORMATION

Collège Boréal

Sudbury Campus

21, Boulevard Lasalle, Sudbury, ON P3A 6B1

P: 705-560-6673 or 1-800-361-6673

E: liaison@collegeboreal.ca

Hearst Campus

64, 9e Rue, C.P. 818, Hearst, ON P0L 1N0

P: 705-362-6673

E: hearst@collegeboreal.ca

Kapuskasing Campus

3 Aurora Avenue, Kapuskasing, ON P5N 1J6

P: 705-337-6673

E: kapuskasing@collegeboreal.ca

Ottawa Campus

233 Main Street, Ottawa, ON K1S 1C4

P: 1-800-361-6673 ext. 5200

E: ottawa@collegeboreal.ca

Other Campuses & Locations

collegeboreal.ca/en/student-life/locations/

INDIGENOUS CENTRE

First Nations, Métis & Inuit Educational Centre

P: 1-800-361-6673

E: CEPNMI-SHKODE@collegeboreal.ca

collegeboreal.ca/en/service/first-nations-metis-and-inuit-educational-centre/

FINANCIAL AID & SCHOLARSHIPS

Financial Aid Office

P: 705-560-6673 ext. 2159

E: aidefinanciere@collegeboreal.ca

bit.ly/3SRajbF

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Collège Boréal. Contact psupport@metisnation.org for more information.

STUDENT BODY

College Life & Student Association (AGEE)

P (Hearst): 705-362-6673

P (Kapuskasing): 705-337-6673

P (Nipissing): 705-753-5420

P (Sudbury): 705-560-6673

P (Timmins): 705-267-5850

P (Toronto): 416-289-5123

P (Windsor): 519-948-6019

P (Ottawa): 800-361-6673

E: AGEE@collegeboreal.ca

OTHER SUPPORTS

Counselling Services

collegeboreal.ca/en/service/counselling-services/

Academic Success

collegeboreal.ca/en/service/academic-success/

RESIDENCE/HOUSING

Student Residence (Sudbury)

P: 705-560-6673 ext. 15000

E: info@residenceboreal.ca

Student Residence (Ottawa)

P: 613-236-3131

E: info@residencesaintpaul.ca

Off-Campus Housing

collegeboreal.ca/en/future-students/student-housing/

FOOD BANKS

Collège Boréal Food Bank

Sudbury Campus

P: 705-560-6673 ext. 2810

Inner City Home Food Bank

251 Elm Street, Sudbury, ON

P: 705-675-7550

innercityhome.com

Azilda/Chelmsford Friendship House

100 Gaudette Street, Chelmsford, ON

P: 705-855-4848

LOCAL SHELTERS

Salvation Army Sudbury Cedar Place

261 Cedar St, Greater Sudbury, ON P3B 1M8

P: 705-586-3293

sudburycedarplace.ca

Off the Street Emergency Shelter

200 Larch St, Greater Sudbury, ON P3E 1C5

P: 705-869-1564

sm.cmha.ca/programs/off-the-street-emergency-shelter/

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to Collège Boréal

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Sudbury Métis Council

875 Notre Dame Avenue

Sudbury, ON, P3A 2T2

P: 705-673-4323

E: SMC@metisnation.org

Infinite *Reach*

Join the Infinite Reach Student Solidarity Network – the one and only mentorship program for Métis post-secondary students in Ontario. Apply to become an Infinite Reach Facilitator! You will:

- ∞ Build professional connections and gain career-ready experience;
- ∞ Support fellow Métis students through campus leadership;
- ∞ Host cultural workshops and strengthen Métis visibility on campus; and
- ∞ Explore your Métis heritage and build your confidence!

Please direct any questions to
InfiniteReach@metisnation.org



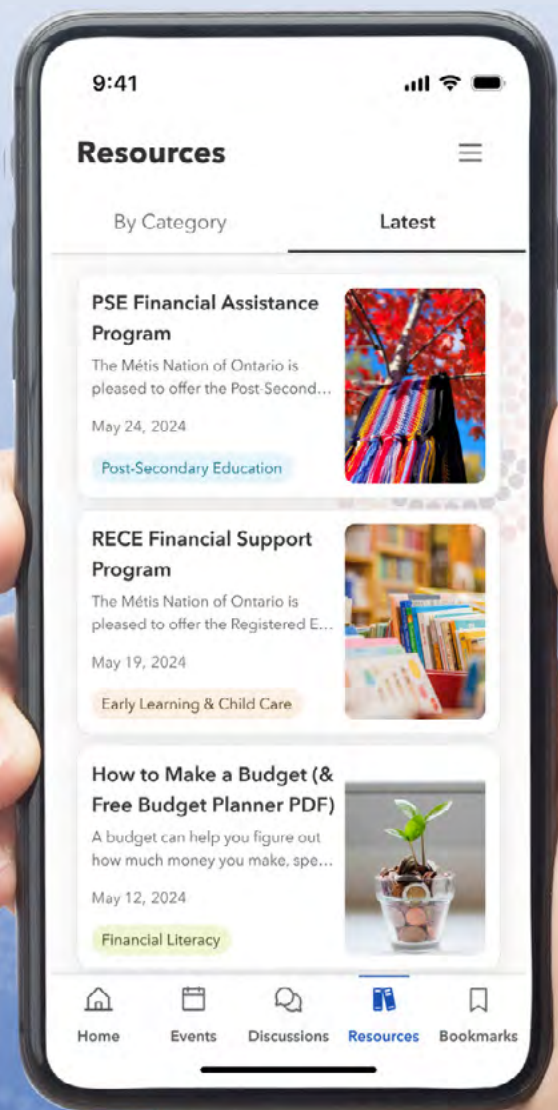
Scan the QR code to learn more about Infinite Reach, including how to apply to be a Facilitator!

MÉTIS NATION OF ONTARIO EDUCATION HUB

A mobile app for Métis students,
teachers, parents, and families!



Scan the QR code or search
for it in the app store to
download the app!



CONESTOGA COLLEGE

SCHOOL INFORMATION

Conestoga College

Kitchener Campus

299 Doon Valley Drive
Kitchener, ON N2G 4M4
P: 519-748-5220
conestogac.on.ca/contact

Waterloo Campus

108 University Ave. East
Waterloo, ON N2J 2W2
P: 519-885-0300

Brantford Campus

50 Wellington St.
Brantford, ON N3T 2L6
P: 226-250-1772 ext. 7300

Cambridge (Fountain Street) Campus

850 Fountain Street South
Cambridge, ON N3H 0A8
P: 519-748-5220

Guelph Campus

460 Speedvale Ave. West
Guelph, ON N1H 0A8
519-824-9390

Other Campuses & Locations

bit.ly/4pj8lsO

INDIGENOUS CENTRE

Be-Dah-Bin Gamik Indigenous Centre

Kitchener: Room 2A601
Waterloo: Room 1F08
P: 519-748-5220 ext. 2470
E: crestoule@conestogac.on.ca
conestogac.on.ca/indigenous-services

FINANCIAL AID & SCHOLARSHIPS

Welcome Centre Building

299 Doon Valley Drive
P: 519-748-5220 ext. 3656
E: osap@conestogac.on.ca
E: awards@conestogac.on.ca
bit.ly/3Y0ERsV

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Conestoga College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Health & Wellness

bit.ly/3XXVwxg

Academic Guidance

bit.ly/4rBkwYY

STUDENT BODY

Conestoga Students Inc. (CSI)

Doon Campus Main Building: Room 2A106
P: 519-748-5131
E: csi@conestogac.on.ca
conestogastudents.com

RESIDENCE/HOUSING

Conestoga Residence

E: info@conestogaresidence.ca
bit.ly/3M9vNzm

Cambridge Food Bank

54 Ainslie Street South
Cambridge, ON N1R 3K3
P: 519-622-6550
cambridgefoodbank.org

FOOD BANKS

Conestoga Students Inc Student Nutritional Access Program

P: 519-748-5131

E: csi@conestogac.on.ca

conestogastudents.com/food-support/

LOCAL SHELTERS

House of Friendship

63 Charles Street East

Kitchener ON

P: 519-742-8327

E: admin@houseoffriendship.org

bit.ly/3T3OEgM

oneROOF Youth Services

35 Sheldon Avenue North

Kitchener ON

P: 519-742-2788

oneroof.org

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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MNO Education & Partnership Advisor assigned to Conestoga College

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Grand River Métis Council

Suite 201-493 Lancaster Street

Kitchener, ON N2K 1L8

E: president@grandrivermetis.ca

grandrivermetiscouncil.com

CONFEDERATION COLLEGE

SCHOOL INFORMATION

Confederation College

1450 Nakina Drive
Thunder Bay, ON P7B 0E5
P: 807-475-6110
confederationcollege.ca

INDIGENOUS CENTRE

Negahneewin Student Services

Room 144
P: 807-475-6110
confederationcollege.ca/department/indigenous

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 807-475-6637
E: financialaid@confederationcollege.ca
confederationcollege.ca/department/financial-aid

Indigenous Scholarships, Bursaries and Awards

confederationcollege.ca/department/indigenous/support/scholarships

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Confederation College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Counselling Services

bit.ly/48OnotY

Student Success Centre

P: 807-475-6618
E: studentsuccess@confederationcollege.ca
bit.ly/3Y7aNfa

STUDENT BODY

Student Union of Confederation College (SUCCI)

P: 807-475-6226
E: succi@confederationcollege.ca
succi.com

RESIDENCE/HOUSING

Confederation Residence

confederationresidence.ca

Sibley Hall Residence & Spruce & Cedar Student Apartments

P: 807-475-6383
E: info@confederationresidence.ca

FOOD BANKS

SUCCI Emergency Food Bank

SUCCI Office, Shuniah Building
E: succi@confederationcollege.ca

Shelter House Community Kitchen

420 George St. Thunder Bay
P: 807-623-8182
E: info@shelterhouse.on.ca

LOCAL SHELTERS

Rotary Shelter House

420 George St.
Thunder Bay (ages 16-25)
P: 807-623-8182
E: info@shelterhouse.on.ca
shelterhouse.on.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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P: 705-941-0370

E: MelodyC@metisnation.org

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Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Thunder Bay and District Métis Council

226 May Street South

Thunder Bay, ON P7E 1B4

P: 807-624-5024

E: tbaymetiscouncil@gmail.com

mnotbay.com

DURHAM COLLEGE

SCHOOL INFORMATION

Durham College

Oshawa Campus

2000 Simcoe Street

Oshawa, ON L1G 0C5

P: 905-721-2000

E: dccares@durhamcollege.ca

durhamcollege.ca

Whitby Campus

1610 Champlain Avenue

Whitby, ON L1N 6A7

INDIGENOUS CENTRE

First Peoples Indigenous Centre

Suswaaning Endaajig

E: indigenous@durhamcollege.ca

durhamcollege.ca/info-for/indigenous-students

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

20D Floor, Student Services Building

(Oshawa Campus)

P: 905-721-3036

E: financialaid@durhamcollege.ca

durhamcollege.ca/financial-info/financial-aid

Scholarships, Bursaries and Awards

P: 905-721-3036

E: studentawards@durhamcollege.ca

bit.ly/3N3LFB3

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Conestoga College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Campus Health & Wellness Centre

Oshawa Campus: Campus Recreation & Wellness Centre Building, Room G1030

Whitby Campus: Don Lovisa Building, Room 180

durhamcollege.ca/student-life/health-and-wellness/campus-health-and-wellness-centre

Student Advisors

durhamcollege.ca/student-life/student-services/student-advisors

STUDENT BODY

Durham College Student Association

Oshawa Campus P: 905-721-1609 ext. 3988

Whitby Campus P: 905-721-2000 ext. 4070

E: dsca@durhamcollege.ca

mydcsa.ca

RESIDENCE/HOUSING

Durham Residence

Simcoe Village P: 905-728-8700 ext. 8100

South Village P: 905-728-8700 ext. 8000

Whitby Campus P: 905-728-8700

E: info@dc-otresidence.ca

durhamresidence.ca

Off-Campus Housing

bit.ly/47AwCH9

FOOD BANKS

DSCA Food Bank (Room 214C)

P: 905-721-2000 ext. 7616

E: DCSA.support@durhamcollege.ca

Feed the Need in Durham

P: 905-571-FTND

E: infor@ftnd.ca

feedtheneedinurham.ca/directory

LOCAL SHELTERS

Durham Region Homeless Shelters

P: 905-666-6239

Call 311 & press 4 for homelessness and housing

E: homelesshelp@durham.ca

bit.ly/46BI4Rt

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Oshawa and Durham Region Métis Council

Suite 101-74 Simcoe Street South

Oshawa, ON L1H 4G6

E: OshawaDurhamMetisCouncil@gmail.com

FANSHAWE COLLEGE

SCHOOL INFORMATION

Fanshawe College

London Campus

100 Fanshawe College Blvd.

London ON N5Y 5R6

P: 519-452-4430

E: info@fanshawec.ca

fanshawec.ca

London (Downtown) Campus

130 Dundas Street

London, ON N6A 1G2

St. Thomas/Elgin Regional Campus

120 Bill Martyn Parkway

St. Thomas, ON N5R 6A7

P: 519-633-2030

E: stthomaselgin@fanshawec.ca

Simcoe/Norfolk Regional Campus

634 Ireland Road

Simcoe, ON N3Y 4K8

P: 519-426-8260

E: simcoe@fanshawec.ca

Woodstock/Oxford Regional Campus

369 Finkle Street

Woodstock, ON N4V 1A3

P: 519-421-0144 ext. 41010

E: oxford@fanshawec.ca

Other Campuses & Locations

fanshawec.ca/why-fanshawe/campuses

INDIGENOUS CENTRE

Institute of Indigenous Learning

Room A1046, London Campus

P: 519-452-4430 ext. 14619

Kalihwiyo (Innovation Village)

Room D2030, London Campus

FINANCIAL AID & SCHOLARSHIPS

Financial Aid and Student Awards

Room E1012

P: 519-452-4280

E: studentawards@fanshawec.ca

bit.ly/49YJVCL

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Fanshawe College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Counselling Services

bit.ly/4rG2LYy

Academic Advisors

bit.ly/4apOXuL

STUDENT BODY

Fanshawe Student Union

1001 Fanshawe College Blvd

Room SC-1000

P: 519-452-4109

fsu.ca

RESIDENCE/HOUSING

Fanshawe Residence

P: 519-452-4440

E: fanshaweresidence@fanshawec.ca

bit.ly/3RmgG5G

Off-Campus Housing

bit.ly/3Gl8DQb

FOOD BANKS

The Sharing Shop (On Campus)

E: transitionlearningadvisor@fanshawec.ca

London Food Bank

926 Leathorne St.

London, ON N5Z 3M5

P: 519-659-4045

E: info@londonfoodbank.ca

londonfoodbank.ca

LOCAL SHELTERS

City of London Homeless Prevention & Housing

355 Wellington St., Suite 248, London, ON

P: 519-661-4663

E: homelessprevention@london.ca

unityproject.ca/services

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Conestoga College

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-

MNO Education & Partnership Advisor assigned to Fanshawe College

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Thames Bluewater Métis Council

Unit 19-1100 Dearness Drive

London ON N6E 1N9

P: 226-219-9452

E: Tbwmc.president@gmail.com

FLEMING COLLEGE

SCHOOL INFORMATION

Fleming College

Sutherland Campus

599 Brealey Drive

Peterborough, ON K9J 7B1

P: 705-749-5530

flemingcollege.ca

Frost Campus

200 Albert Street South

Lindsay, ON K9V 5E6

P: 705-324-9144

Haliburton Campus

297 College Drive

Haliburton, ON K0M 1S0

P: 705-457-1680

INDIGENOUS CENTRE

Indigenous Student Services

Sutherland:

P: 1-866-353-6464 ext. 1311

E: Cheyenne.blaker@flemingcollege.ca

Frost & Haliburton:

P: 1-866-353-6464 ext. 3130

mkons.stone-debassige@flemingcollege.ca

department.flemingcollege.ca/indigenous/

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 705-749-5530 ext. 1616

E: finaid@flemingcollege.ca

flemingcollege.ca/financial-aid

Scholarships and Bursaries

bit.ly/49ZDI9F

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Conestoga College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Counselling Services

Sutherland:

Room A2 113

P: 705-749-5527

E: CAES@flemingcollege.ca

Frost/Haliburton:

Room 254

P: 705-324-9144

E: frostcaes@flemingcollege.ca

bit.ly/48h0NWN

Student Success Advising

bit.ly/44Og0fE

STUDENT BODY

Fleming College Student Administrative Council

Room C1430

P: 705-759-5530

E: info@flemingsac.ca

flemingsac.ca

RESIDENCE/HOUSING

Fleming Residence

E: residence@flemingcollege.ca

flemingcollege.ca/student-experience/

Off-Campus Housing

bit.ly/49Xefhg

FOOD BANKS

Fleming SAC Emergency Food Bank

P: 705-749-5530

E: info@flemingsac.ca

bit.ly/47Bz7ZY

Food 4 All Northumberland

600 William Street

Coburg, ON K9A 3A5

P: 905-373-8566

E: food4all@northumberland.ca

food4all.ca

LOCAL SHELTERS

Salvation Army

59 Ballantine St.

Coburg, ON K9A 5G8

P: 905-372-3732

tsacobourg.com

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Fleming College

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Peterborough & District Wapiti Métis Council

Suite 102-1054 Monaghan Road

Peterborough, ON K9J 5L3

E: PWMC@metisnation.org

GEORGE BROWN COLLEGE

SCHOOL INFORMATION

George Brown College

P: 416-415-2000

E: ask.george@georgebrown.ca

georgebrown.ca

Casa Loma Campus

175 Kendal Avenue

Toronto, ON M5R 1M3

St. James Campus

200 King Street East

Toronto, ON M5A 3W8

Waterfront Campus

3 Lower Jarvis Street

Toronto, ON M5E 3Y5

INDIGENOUS CENTRE

Indigenous Services

Sahkitcheway: St. James Campus, Room 562D

Wi Chi Hito Win: Casa Loma Campus, Room 434D

Jiigibiik nibwaakaawin teg: Waterfront Campus, Room 227

P: 416-415-5000 ext. 3969

E: indigenous.services@georgebrown.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Assistance

bit.ly/4atQ1Oi

Awards

bit.ly/4rBakj1

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at George Brown College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Counselling and Student Wellbeing

bit.ly/44tRDnE

College Advising Team

bit.ly/4pisX9P

STUDENT BODY

George Brown College Student Association

Casa Loma Campus: Room e100

St. James Campus : Room 147

Waterfront Campus: Room 033

RESIDENCE/HOUSING

The George Student Residence

80 Cooperage Street

Toronto, ON M5A 0J3

P: 416-761-8000

E: info@georgebrownresidence.ca

bit.ly/413woG5

Off-Campus Housing

E: housing@georgebrown.ca

bit.ly/413woG5

Places4Students

bit.ly/3KHsxuD

FOOD BANKS

George Brown Student Nutrition Access Program (SNAP)

St. James Campus P: 416-415-5000 ext. 2845

Casa Loma Campus P: 416-415-5000 ext. 6314

Waterfront Campus P: 416-415-5000 ext. 5356

E: SnapSupport@sagbc.ca

studentassociation.ca/snap

Churches on the Hill Food Bank

230 St. Clair Avenue W.
Toronto, ON M4V 1R5
P: 416-967-3842
cothfoodbank.ca/contact

LOCAL SHELTERS

Na-Ma-Res (Native Mens' Residence)

14 Vaughan Rd.
Toronto, ON M6G 2N1
P: 416-652-0334
E: general@nameres.org
nameres.org

Sistering: A Woman's Place

962 Bloor St. W
Toronto, ON M6H 1L6
P: 416-926-9762 & 647-933-0710
E: generalinfo@sistering.org
sistering.org

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to George Brown College

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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Evan Accettola
E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

Unit 311-75 Sherbourne Street
Toronto, ON M5A 2P9
P: 416-977-9881 ext. 124
E: council@tyrmc.org
E: president@tyrmc.org

GEORGIAN COLLEGE

SCHOOL INFORMATION

Georgian College

E: inquire@georgiancollege.ca
georgiancollege.ca

Barrie Campus

One Georgian Dr.
Barrie, ON L4M 3X9
P: 705-728-1968

Midland Campus

649 Prospect Blvd.
Midland, ON L4R 0G3
P: 705-526-3666

Orangeville Campus

22 Centennial Rd
Orangeville, ON L9W 1P8
P: 519-940-0331

Other Campuses & Locations

georgiancollege.ca/about-georgian/campuses/

INDIGENOUS CENTRE

Wiidookdaading Indigenous Resource Centre

Barrie Campus: Room M137
Midland Campus: Room A115
Orillia Campus: Room B201
P: 249-388-2467
E: Alicia.Thompson@GeorgianCollege.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Assistance

P: 705-728-1968
E: inquire@georgiancollege.ca
georgiancollege.ca/finance-and-fees

Awards

georgiancollege.ca/finance-and-fees/awards

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Georgian College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Mental Health & Wellbeing

bit.ly/49R9PuN

Student Success Advising

bit.ly/4pNHw52

STUDENT BODY

Georgian College Students' Federation (GCSA)

Barrie Campus: Room A163
P: 705-722-5164
E: GCSABarrie@georgiancollege.ca
bit.ly/3Nbw8iz

RESIDENCE/HOUSING

Georgian Residence

P: 705-730-5600
E: info@georgianresidence.ca
bit.ly/4arQcJV

Off-Campus Housing

bit.ly/3Gpzx9U

FOOD BANKS

Georgian FoodLocker

E: FoodLocker@georgiancollege.ca
bit.ly/3XDvgrU

LOCAL SHELTERS

Youth Haven

20-22 Wellington St. E
Barrie, ON L4M 2B8
P: 705-739-7616
youthhaven.ca

Salvation Army

Barrie Bayside Mission Centre
16 Bayfield Street
Barrie, ON L4M 3A4
P: 705-728-3737
salvationarmy.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Georgian College

Sarah Weersink
P: 705-529-3956
E: SarahT@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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Evan Accettola
E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Barrie South Simcoe Métis Council

Unit 1401 & 1402, 64 Cedar Pointe Drive
Barrie ON, L4N 5R7
P: 705-435-5055
E: president@bssmc@outlook.com

HUMBER POLYTECHNIC

SCHOOL INFORMATION

Humber Polytechnic

P: 416-675-3111

E: enquiry@humber.ca
humber.ca

North Campus

205 Humber College Blvd.
Toronto, ON M9W 5L7
P: 416-675-3111

Lakeshore Campus

2 Colonel Samuel Smith Park Drive
Toronto, M8V 4B6

Humber International Graduate School

59 Hayden Street
Toronto, ON M4Y 2P2

INDIGENOUS CENTRE

Indigenous Education & Engagement

North Campus: Learning Resources Commons
(LRC) Room 2137
P: 416-675-6622 ext. 5424
Lakeshore Campus: Welcome Centre Room 301
P: 416-675-3111 ext. 3299

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 416-675-5000
bit.ly/47YMIKn

Scholarships & Bursaries

bit.ly/4a2lgMA

Indigenous Student Awards, Bursaries and Scholarships

bit.ly/49XvVt7

Office of the Registrar

North Campus: LRC 1st Floor
Lakeshore Campus: WEL Room 106

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Georgian College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Mental Health Services

bit.ly/4rEmuHN

Academic Advisor Team

careers.humber.ca/advisor-team.php

STUDENT BODY

IGNITE Student Union

P: 416-675-5051
E: info@ignitestudentlife.com
ignitestudentlife.com

RESIDENCE/HOUSING

Humber Residence

humber.ca/residence

Indigenous Student Residence Applications & Supports

bit.ly/3R3XJDn

Off-Campus Housing

bit.ly/3uwBjTK

FOOD BANKS

IGNITE Soupbar

North Campus: IGNITE Student Centre Room KX202
Lakeshore Campus: L Commons 2nd Floor

North York Harvest Food Bank

116 Industry St.
Toronto, ON M6M 4L8
P: 416-745-2822
northyorkharvest.com

Daily Bread Food Bank

191 New Toronto St.
Etobicoke, ON M8V 2E7
P: 416-203-0050
E: info@dailybread.ca

Sai Dham Food Bank

31 Steinway Blvd
Etobicoke, ON M9W 6N3
P: 416-988-4422
E: info@saidhamfoodbank.com

LOCAL SHELTERS

Youth Without Shelter

6 Warrendale Court
Etobicoke, ON M9V 1P9
P: 416-748-0110
E: communications@yws.on.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Humber Polytechnic

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
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MNOYC President & PCMNO Youth Rep

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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

Unit 311-75 Sherbourne Street
Toronto, ON M5A 2P9
P: 416-977-9881 ext. 124
E: council@tyrnc.org
E: president@tyrnc.org

LA CITÉ

SCHOOL INFORMATION

La Cité

Campus d'Ottawa

801, promenade de l'Aviation

Ottawa, ON K1K 4R3

P: 613 742-2483

E: info@collegelacite.ca

La Cité a Toronto

9 Lower Jarvis Street

Toronto, ON M5E 0C3

P: 613-742-2483 ext. 4082

Campus de Hawkesbury

570, rue Kitchener

Hawkesbury, ON K6A 2P3

Campus Alphonse-Desjardins

Centre des métiers Minto

8700 boul. Jeanne D'Arc Nord

Orleans, ON K4A 0S9

INDIGENOUS CENTRE

Centre pour étudiants autochtones

Pavillon F, Piece F1020

P: 613-742-2483 poste 2689

E: pnmi@collegelacite.ca

collegelacite.ca/centre-etudiants-autochtones

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

collegelacite.ca/bourses-aide-financiere

Scholarships & Bursaries

collegelacite.ca/bourses

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at La Cité. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Services for Students

collegelacite.ca/services-aux-etudiants

STUDENT BODY

l'Association étudiante de La Cité (AÉ)

801 prom. de l'Aviation piece G2060

P: 613-742-2483, poste 2020

E: aecite@lacitec.on.ca

aecite.ca

RESIDENCE/HOUSING

Résidence de La Cité

400, Den Haag, Ottawa, ON K1K 4W8

P: 613-742-3414

E: residence@lacitec.on.ca

residencelacite.ca

FOOD BANKS

La Banque Alimentaire de l'AE

aecite.ca/banque-alimentaire

Ottawa Food Bank

ottawafoodbank.ca/fr/obtenir-de-la-nourriture/

LOCAL SHELTERS

The Ottawa Mission

35 Waller Street, Ottawa, ON

P: 613-234-1144

ottawamission.com/get-help

Shepherds of Good Hope

233, rue Murray, Ottawa ON

P: 613-688-2929 ext. 322

sghottawa.com

Salvation Army

Barrie Bayside Mission Centre

16 Bayfield Street

Barrie, ON L4M 3A4

P: 705-728-3737

salvationarmy.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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MNO Education & Partnership Advisor assigned to La Cité

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

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MNOYC Chair

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Ottawa Region Métis Council

Suite 400, 214 Montreal Road, Ottawa

ON K1L 6C9

P: 613-748-1880 ext. 306

E: president.ormc@gmail.com

LAKEHEAD UNIVERSITY

SCHOOL INFORMATION

Lakehead University

Thunder Bay Campus

955 Oliver Road
Thunder Bay, ON P7B 5E1
P: 807-343-8110
lakeheadu.ca

Orillia Campus

500 University Avenue
Orillia, ON L3V 0B9
P: 705-330-4010

INDIGENOUS CENTRE

Indigenous Student Services Centre (Thunder Bay)

University Centre 1007
P: 807-343-8010 ext. 8085
E: adm.issc@lakeheadu.ca
lakeheadu.ca/indigenous

Office of Indigenous Initiatives (Orillia)

Residence Building O1019
P: 705-330-4010 ext. 2018
E: orillia.ii@lakeheadu.ca

FINANCIAL AID & SCHOLARSHIPS

Indigenous Financial Services

E: adm.issc@lakeheadu.ca
bit.ly/47wGYyC

Scholarships, Awards & Loans

bit.ly/3YcY3Ug

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Lakehead University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Mental Health Supports

bit.ly/4pHWF86

Academic Advising

bit.ly/48Bi8se

STUDENT BODY

Lakehead University Student Union (LUSU)

Thunder Bay: SC0001, P: 807-343-8550
Orillia: OA1027, P: 705-330-4010 ext. 2180
E: general@lusu.ca

RESIDENCE/HOUSING

Lakehead Residence

E: resadmin@lakeheadu.ca
bit.ly/410ZGoO

Off-Campus Housing

offcampus.lakeheadu.ca/roch/index.php

FOOD BANKS

Thunder Bay Food Resource Centre

E: FRC@lusu.ca
lusu.ca/food/tbay/resources/

Shelter House Community Kitchen

420 George St. Thunder Bay
E: info@shelterhouse.on.ca

LUSU Orillia Food Resource Collective

Orillia Campus OA1027
bit.ly/48kJBQf

The Sharing Place Food Centre (Orillia)

95 Dufferin St., Orillia
P: 705-327-4273
E: info@sharingplaceorillia.org
sharingplaceorillia.org/

LOCAL SHELTERS

Rotary Shelter House (Thunder Bay)

420 George St., Thunder Bay

P: 807-623-8182

E: info@shelterhouse.on.ca

shelterhouse.on.ca

Green Haven Shelter for Women (Orillia)

P: 705-327-7319

E: crisis@ghws.ca

The Lighthouse Soup Kitchen & Shelter (Orillia)

75 Queen St. E, Orillia

P: 705-329-2265

E: info@orillialighthouse.ca

orillialighthouse.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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MNO Education & Partnership Advisor assigned to Lakehead University

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Thunder Bay and District Métis Council

226 May Street South

Thunder Bay, ON P7E 1B4

P: 807-624-5024

E: tbaymetiscouncil@gmail.com

mnotbay.com

MNO Post-Secondary Education

STUDENT SUPPORTS

The MNO has a wide range of programs and services to support Métis post-secondary students throughout their studies, including:

- ∞ Financial Assistance
- ∞ Travel Support
- ∞ Student Bursaries
- ∞ Infinite Reach Métis Student Solidarity Network
- ∞ PSE Navigator Program

Please direct any questions to

PSEsupport@metisnation.org



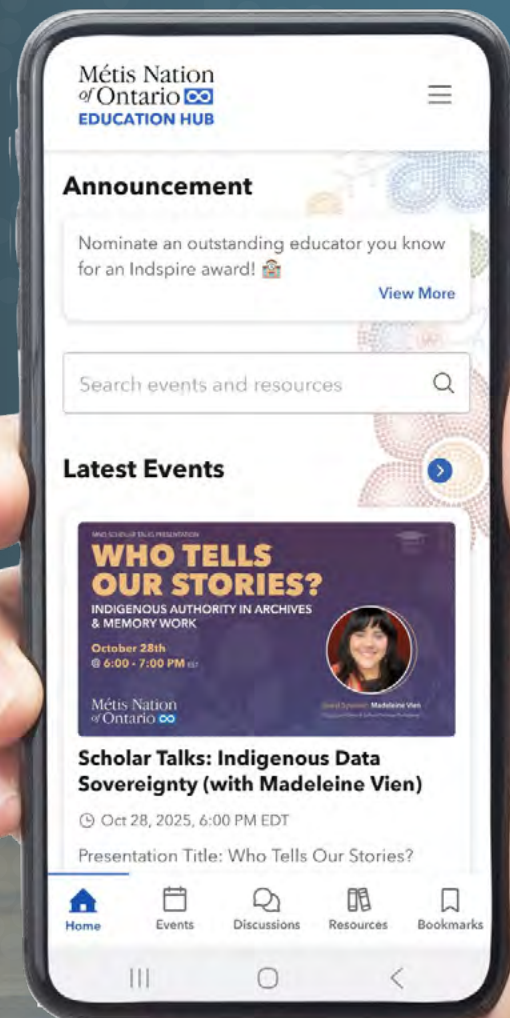
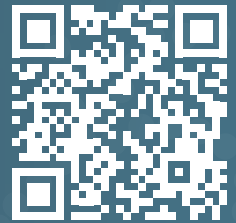
To learn more about these services, scan the [QR code](#) or visit bit.ly/4pNNPWw



ARE YOU A TEACHER IN **K-12?**

Join us on the
MNO EDUCATION HUB

A mobile app for Métis educators, parents,
students, scholars, citizens & allies



LAMBTON COLLEGE

SCHOOL INFORMATION

Lambton College

Sarnia Campus
1457 London Road
Sarnia, ON N7S 6K4
P: 519-542-7751
E: info@lambtoncollege.ca
lambtoncollege.ca

Mississauga Campus

121 Brunel Road
Mississauga, ON L4Z 3E9
E: lambton@queenscollege.ca

Ottawa Campus

233 Main Street
Ottawa, ON K1S 1C4
E: ottawa@lambtoncollege.ca

Toronto Campus

400-265 Yorkland Blvd.
Toronto, ON M2J 1S5
E: LambtonInToronto@lambtoncollege.ca

Fire School

459 LaSalle Line
Corunna, ON N7T 7H5
P: 226-776-3115

INDIGENOUS CENTRE

Indigenous Student Centre

Room C1-130
P: 519-479-2383
lambtoncollege.ca/ISC

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

Room B1-151
P: 519-479-1022
lambtoncollege.ca/financialaid

Scholarships and Bursaries

lambtoncollege.ca/financialaid/#S&B

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Lambton College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Counselling & Wellness

bit.ly/3MFytEY

Academic Advising

bit.ly/3KHUnXB

STUDENT BODY

Student Administrative Council (SAC)

linktr.ee/lambtonsac

RESIDENCE/HOUSING

Lambton Residence

P: 519-542-7741
E: info@lambtonresidence.ca
bit.ly/415NXWa

Off-Campus Housing

E: housing@lambtoncollege.ca
lambtoncollege.ca/housing

FOOD BANKS

Lion's Heart Emergency Foodbank

Room B1-230 (Sarnia Campus)
E: socialjustice@lambtoncollege.ca

St. Vincent de Paul

106 East Street South
Sarnia, ON N7T 3R1
ssvpsarnialambton.ca

LOCAL SHELTERS

Salvation Army

970 Confederation Street
Sarnia, ON N7S 1A1
P: 519-344-1142

Inn of the Good Shepherd

115 John Street
Sarnia, ON N7T 2Z1
P: 519-344-1746

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Lambton College

Sarah Weersink
P: 705-529-3956
E: SarahT@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola
E: EvanA@metisnation.org
The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Thames Blue Water Métis Council

Unit 19-1100 Dearness Drive
London, ON N6E 1N9
P: 226-219-9452
E: tbwmc.president@gmail.com

LAURENTIAN UNIVERSITY

SCHOOL INFORMATION

Laurentian University

935 Ramsey Lake Road

Sudbury, ON P3E 2C6

P: 1-800-461-4030 or 705-675-1151

E: info@laurentian.ca

laurentian.ca

INDIGENOUS CENTRE

Indigenous Sharing & Learning Centre

R.D. Parker Building, 1st Floor

P: 705-675-1151 ext. 4052

E: isa@laurentian.ca

Indigenous Student Affairs

laurentian.ca/indigenous-student-affairs

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

laurentian.ca/fees-financing

Financial Aid Hotline

P: 1-866-387-3879

E: financialaid@laurentian.ca

Scholarships and Bursaries

laurentian.ca/fees-financing/scholarships-bursaries

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Laurentian University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Mental Health & Wellness Support Services

laurentian.ca/services/support

Academic Advising

laurentian.ca/services/academic-advising

STUDENT BODY

Students' General Association

P: 705-673-6547

E: sga@laurentian.ca

sga-age.com

RESIDENCE/HOUSING

Laurentian Residence

West Residence Room W120

P: 705-675-1151 ext. 4814

E: residences@laurentian.ca

laurentian.ca/accommodations

Meant4Rent

bit.ly/3GujWps

FOOD BANKS

Laurentian Students' General Association Food Bank

SGA Office, SSR Room G24

P: 705-675-1151 ext. 1064

Sudbury Food Bank

1105 Webbwood Drive, Sudbury

P: 705-671-9663

E: sudburyfoodbank@vianet.ca

LOCAL SHELTERS

Sudbury Women's Centre

174 Douglas St. Suite 201

Sudbury ON

P: 705-673-1916

E: info@sudburywc.ca

sudburywc.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to Laurentian University

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Sudbury Métis Council

875 Notre Dame Avenue

Sudbury, ON, P3A 2T2

P: 705-673-4323

E: SMC@metisnation.org

LOYALIST COLLEGE

SCHOOL INFORMATION

Loyalist College

376 Wallbridge-Loyalist Road
PO Box 4200
Belleville, ON K8N 5B9
P: 613-969-1913 ext. 2100
E: info@loyalistcollege.com
loyalistcollege.com

Port Hope Campus

10 Pine St. South
Port Hope, ON L1A 3E7
P: 613-969-1913 ext. 2600
E: admissions@loyalistcollege.com

Port Hope Satellite Location

34 Walton St.
Port Hope, ON L1A 1N1
E: rads@loyalistcollege.com

INDIGENOUS CENTRE

Indigenous Services Room

Room 1H6, Belleville
P: 613-969-1913 ext. 2251
E: IRC@loyalistcollege.com

FINANCIAL AID & SCHOLARSHIPS

Scholarships & Awards

bit.ly/3Mmce73

Ontario Indigenous Student Bursary

bit.ly/48XaDgK

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Loyalist College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

loyalistcollege.com/life-at-loyalist/health-and-wellness/

Student Advisors

loyalistcollege.com/life-at-loyalist/student-support-services/student-advisors/

STUDENT BODY

Loyalist Student Government

Student Life Office, Room 1S1
(in the back of the Shark Tank Pub)
P: 613-969-1913 ext. 2101/2016
E: studentgovt@loyalistcollege.com

RESIDENCE/HOUSING

Loyalist Residence

loyalistcollege.com/our-campus/residence
P: 613-969-1913 ext. 2169
E: residence@loyalistcollege.com

Port Hope Residence

bit.ly/3sXQ4Pj

Off-Campus Housing

E: offcampushousing@loyalistcollege.com

FOOD BANKS

Loyalist Food Cupboard

Room 3L1B
E: foodcupboard@loyalistcollege.com
bit.ly/41edIDv

Gleaners Food Bank (Quinte) Inc.

25 Wallbridge Crescent
Belleville, ON K8P 1Z3
P: 613-962-9043
E: info@gleanersfoodbank.ca
gleanersfoodbank.ca

LOCAL SHELTERS

Grace Inn

315 Church St.
Belleville, ON K8N 3C7
P: 613-966-2898
E: info@graceinnshelter.com
graceinnshelter.com

John Howard Society

19-21 Wallbridge Crescent
Belleville, ON K8P 1Z3
P: 613-968-6628
E: reception@johnhowardbelleville.ca
johnhoward.on.ca/belleville/contact

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Lambton College

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr
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MNOYC President & PCMNO Youth Rep

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E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Highland Waters Métis Council

Unit 4A-113 Richmond Boulevard
Napanee, ON K7R 3Z8
E: hlwmc.president@gmail.com

MCMASTER UNIVERSITY

SCHOOL INFORMATION

McMaster University

1200 Main Street West
Hamilton ON L8N Z5
P: 905-524-3465
mcmaster.ca

INDIGENOUS CENTRE

Indigenous Student Services

L.R. Wilson Hall, Room 1811
P: 905-525-9140 ext. 23758
E: indigssa@mcmaster.ca
indigservices.mcmaster.ca

FINANCIAL AID & SCHOLARSHIPS

McMaster Office of the Registrar Aid & Awards Hub

registrar.mcmaster.ca/aid-awards

Financial Support for Indigenous Students

registrar.mcmaster.ca/aid-awards-for-indigenous-students/

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at McMaster University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Wellness Centre

wellness.mcmaster.ca/

Academic Advising

registrar.mcmaster.ca/resources/advising/

STUDENT BODY

McMaster Student Union

MUSC 201
P: 905-525-9140 ext. 22003
E: oclerk@msu.mcmaster.ca
msumcmaster.ca/service

RESIDENCE/HOUSING

McMaster Residence

E: housing@mcmaster.ca
E: resadm@mcmaster.ca
housing.mcmaster.ca

Off-Campus Housing

E: macoffcampus@mcmaster.ca
offcampus.mcmaster.ca/living-off-campus

FOOD BANKS

Food Collective Centre (FCC)

Located in the basement of Bridges Café in the Refectory Building
P: 905-525-9140
E: fcc@msu.mcmaster.ca
msumcmaster.ca/fcc

Hamilton Food Share

339 Barton St. Stoney Creek
P: 905-664-9065
E: info@hamiltonfoodshare.org

LOCAL SHELTERS

Good Shephard Notre Dame House

14 Cannon St. W
P: 905-308-8090

Mission Services Men's Shelter

325 James St N, Hamilton
 P: 905-528-7635
 E: admin@missionservices.com

Willow's Place Women's Hub

196 Wentworth St N, Hamilton
 P: 905-528-5100 ext.1200
 E: womensspace@mission-services.com

Jared's Place Emergency Woman's Shelter

630 Sanatorium Rd, Hamilton
 P: 905-387-9959 (905-387-8881 crisis)
 E: info@intervalhousehamilton.org

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psesupport@metisnation.org
 Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
 Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to McMaster University

Sarah Weersink
 P: 705-529-3956
 E: SarahT@metisnation.org

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MNOYC Chair

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 E: ClaireA@metisnation.org
 MNOYC email list: bit.ly/3QQnozr

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 E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur
 E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL**Clear Waters Métis Council**

Units M&J 442 Grey Street
 Brantford, ON N3S 7S3
 P: 905-318-2336
 E: cwmc@metisnation.org

MOHAWK COLLEGE

SCHOOL INFORMATION

Mohawk College

135 Fennell Avenue West
Hamilton, ON L9C 0E5
P: 905-575-1212
mohawkcollege.ca

Institute for Applied Health Sciences at McMaster

1400 Main Street West
Hamilton, ON L8S 1C7
P: 905-575-1212 ext. 6107
bit.ly/487qoyw

Other Campuses & Locations

mohawkcollege.ca/about-mohawk/campuses

INDIGENOUS CENTRE

A114 Fennell Campus
P: 905-575-1212 ext. 3428
E: iess@mohawkcollege.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Assistance

mohawkcollege.ca/financial-assistance

Awards, Scholarships & Bursaries

mohawkcollege.ca/financial-assistance/awards-scholarships-and-bursaries

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Mohawk College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness Centre

mohawkcollege.ca/health-wellness-centre

Student Success Advising

mohawkcollege.ca/student-success-advising

STUDENT BODY

Mohawk Students' Association

P: 905-575-1212 ext. 2393
mohawkstudents.ca

RESIDENCE/HOUSING

Mohawk Residence

245 Fennel Ave West, Hamilton
P: 905-385-3200
E: info@mohawkresidence.ca
bit.ly/41aMfma

Off-Campus Housing

E: student.life@mohawkcollege.ca
bit.ly/3t9c6hT

FOOD BANKS

The Food Bank: Emergency Food Security Service

E: MSAReception@mohawkcollege.ca

Hamilton Food Share

339 Barton St. Stoney Creek, Hamilton
P: 905-664-9065
E: info@hamiltonfoodshare.org

LOCAL SHELTERS

Helping Hands Street Mission

349 Barton St. E, Hamilton
P: 905-522-4263
E: info@hsmhamilton.com
hsmhamilton.com

Mission Services Men's Shelter

325 James St N, Hamilton

P: 905-528-7635

E: admin@missionservices.com

Willow's Place Women's Hub

196 Wentworth St N, Hamilton

P: 905-528-5100 ext.1200

E: womensspace@mission-services.com

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psesupport@metisnation.org

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E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to Mohawk College

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

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Ryan Lafleur

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LOCAL MNO COMMUNITY COUNCIL**Clear Waters Métis Council**

Units M&J 442 Grey Street

Brantford, ON N3S 7S3

P: 905-318-2336

E: cwmc@metisnation.org

NIAGARA COLLEGE

SCHOOL INFORMATION

Niagara College

P: 905-735-2211

niagaracollege.ca

Welland Campus

100 Niagara College Boulevard

Welland, ON L3C 7L3

Daniel J. Patterson Campus

135 Taylor Road

Niagara on the Lake ON L0S 1J0

INDIGENOUS CENTRE

Office and Student Centre (Welland)

Room L201

Student Centre (Daniel J. Patterson)

Room N003

E: indigenouseducation@niagaracollege.ca

niagaracollege.ca/indigenouseducation

FINANCIAL AID & SCHOLARSHIPS

Financial Aid & Awards

niagaracollege.ca/enrolmentservices/financialaid

Scholarships & Bursaries for Domestic Students

niagaracollege.ca/enrolmentservices/financialaid/scholarships/domestic/

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Niagara College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health, Wellness & Accessibility Services

niagaracollege.ca/hwas/

Academic Advising

<https://www.niagaracollege.ca/advising/>

STUDENT BODY

Niagara College Student Administrative Council

Welland P: 905-735-2211 ext. 7659

Daniel J. Patterson P: 905-641-2252 ext. 4225

RESIDENCE/HOUSING

Niagara Residence

niagaracollege.ca/studentlife/residence

Welland:

110 Niagara College Boulevard

P: 905-732-9700

E: info.wellend@niagararesidence.ca

Daniel J. Patterson:

137 Taylor Rd. SS#4

P: 905-641-4435

E: info.notl@niagararesidence.ca

FOOD BANKS

Nourishing Minds Program

yourncsac.ca/nourishingminds

Feed Niagara

feedniagara.ca

LOCAL SHELTERS

YWCA Niagara Region

(Emergency Homeless Shelters for Women)

ywcaniagararegion.ca

St. Catherines Shelter:

183 King St., Niagara Falls

P: 289-273-4308

Niagara Falls Shelter:

6135 Culp Street, Niagara Falls
P: 239-267-0411

Southridge Shelter

201 Glenridge Ave, St. Catharines
P: 905-682-2477
southridgeshelter.ca

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psupport@metisnation.org
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E: SarahT@metisnation.org
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Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL**Niagara Region Métis Council**

Unit 1A - 3250 Schmon Parkway
Thorold, ON, L2V 4Y6
P: 905-682-3487
E: NRMCM@metisnation.org
niagararegionmetisCouncil.org

NIPISSING UNIVERSITY

SCHOOL INFORMATION

Nipissing University

100 College Drive, Box 5002
North Bay, ON P1B 8L7
705-474-3450
nipissingu.ca

INDIGENOUS CENTRE

Office of Indigenous Initiatives

F215 Enji giigdoyang, Student Lounge
P: 705-474-3450 ext. 4899
E: biindgen@nipissingu.ca

FINANCIAL AID & SCHOLARSHIPS

Student Financial Services

Room F-216
E: finance@nipissingu.ca
bit.ly/3Niqw6a

Student Awards & Financial Aid

bit.ly/41bs8V7

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Nipissing University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Mental Health & Wellbeing

Room B210
E: mhwellbeing@nipissingu.ca
nipissingu.ca/departments/student-development-and-services/mental-health-wellbeing

Academic Advising

nipissingu.ca/departments/academic-advising

STUDENT BODY

Student Development and Services

bit.ly/46NQbe4

RESIDENCE/HOUSING

Nipissing Residence

P: 705-474-3450 ext. 4855
E: residence@nipissingu.ca
nipissingu.ca/departments/residence-and-housing/residence

Off-Campus Housing

P: 705-474-3450 ext. 4242
E: offcampusliving@nipissingu.ca
bit.ly/4aeVTZa

FOOD BANKS

NUSU Food Bank

P: 705-474-3450 ext. 4081
E: info@nusu.com

North Bay Food Bank

1016 Fisher St., North Bay
P: 705-495-0413 or 3290
E: debbie@northbayfoodbank.ca

LOCAL SHELTERS

Crisis Centre North Bay

Four Elms 1675 Cassells St., North Bay
P: 705-474-1031
Crisis Line P: 705-472-6204
E: info@crisiscentre-nb.on.ca

Hope Awaits Shelter (Men Only)

390 First Ave E, North Bay
P: 705-494-5465
E: contactus@hopeawaitsministries.com
211North.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Nipissing University

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

North Bay Métis Council

156 McIntyre Street West

North Bay, ON, P1B 2Y6

P: 705-474-2767

E: info@northbaymetiscouncil.ca

northbaymetiscouncil.ca

NORTHERN COLLEGE

SCHOOL INFORMATION

Northern College

640 Latchford Street, Box 2060
Haileybury, ON P0J 1K0
P: 705-672-3376
E: admissions@northern.on.ca
northerncollege.ca

Timmins Campus

4715 Highway 101 East, Box 3211
South Porcupine, ON P0N 1H0
P: 705-235-3211

Kirkland Lake Campus

140 Government Rd. East, Box 250
Kirkland Lake, ON P2N 3H7
P: 705-567-9291

Moosonee Campus

First Avenue, Box 130
Moosonee, ON P0L 1Y0
P: 705-336-2913

INDIGENOUS CENTRE

Indigenous Support Services

P: 705-235-3211
E: kiokech@northern.on.ca
northerncollege.ca/indigenous

FINANCIAL AID & SCHOLARSHIPS

Financial Assistance

bit.ly/3Nn9e85

Scholarships, Bursaries & Awards

northerncollege.ca/students/bursaries

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Northern College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

northerncollege.ca/students/health/

Academic Advising

northerncollege.ca/students/advising/

STUDENT BODY

Northern College Student Association

northerncollege.ca/students/life/ncsa

RESIDENCE/HOUSING

Northern Residence

Haileybury Campus Residence

bit.ly/3NnkUaS

P: 705-980-1301 ext. 7003

E: info@northernresidence.ca

Timmins Campus Residence

bit.ly/3RmDQHQ

P: 705-235-6800

E: info@timminsresidence.ca

Off-Campus Housing

bit.ly/3RnjJt0

FOOD BANKS

Emergency Food Bank @ Timmins Campus

E: ncsatimminsfoodbank@northern.on.ca

Timmins Food Bank

187 Cedar Street South, Timmins
 P: 705-264-0953
 E: info@timminsfoodbank.com

Haileybury Food Bank

500 Broadway, Haileybury
 P: 705-672-2119

Kirkland Lake Salvation Army Food Bank

6 Sylvanite Ave, Kirkland Lake
 P: 705-567-5877
 E: obbie.donaldson@salvationarmy.ca

LOCAL SHELTERS**Good Samaritan Inn Homeless Shelter**

108 Bloor Ave., South Porcupine
 P: 705-235-4663
goodsamaritantimmins.ca

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psesupport@metisnation.org
 Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
 Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Northern College

Melody Chislett-Morris
 P: 705-941-0370
 E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
 E: ClaireA@metisnation.org
 MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola
 E: EvanA@metisnation.org
 The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur
 E: RyanL@metisnation.org
 The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL**Timmins Métis Council**

347 Spruce Street South
 Timmins, ON P4N 2N2
 P: 705-264-3939
 E: petele5@hotmail.com

NOSM UNIVERSITY

SCHOOL INFORMATION

Northern School of Medicine (NOSM) University

P: 1-800-461-8777

E: admissions@nosm.ca

nosm.ca

Thunder Bay Campus

955 Oliver Rd

Thunder Bay, ON P7B 5E1

P: 807-766-7300

Sudbury Campus

935 Ramsey Lake Road

Sudbury, ON P3E 2C6

P: 705-675-4883

INDIGENOUS CENTRE

Indigenous Affairs Office

P: 705-662-7251

E: indigenous@nosm.ca

bit.ly/3XGUmWX

FINANCIAL AID & SCHOLARSHIPS

Financial Aid Office (Thunder Bay)

MSW Building, Room MS 2001B

P: 807-766-7474

E: financialaid@nosm.ca

E: bursaries@nosm.ca

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at NOSM University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Wellness

nosm.ca/faculty/clinical-sciences/wellness/

Learner Support Services

nosm.ca/education/current-learners/learnersupportservices/

STUDENT BODY

NOSMU Student Council

E: sc.vpcommunications@nosm.ca

nosmusc.com

RESIDENCE/HOUSING

NOSM Residence

E: housing@nosm.ca

After Hours Emergency P: 705-507-7473

bit.ly/3MwrhuP

Indigenous Student Housing (Off-Campus)

Native People of Sudbury Development Corporation

68 Xavier Street, Sudbury

P: 705-674-9996

E: info@nativehousing.org

FOOD BANKS

Sudbury Food Bank:

1105 Webbwood Dr, Sudbury

705-671-9663

E: sudburyfoodbank@vianet.ca

Thunder Bay Food Bank:

129 Miles St E, Thunder Bay

807-626-9231

E: info@thunderbayfoodbank.com

LOCAL SHELTERS

Off the Street Emergency Shelter

200 Larch Street, Sudbury
P: 705-675-7252 ext. 853
E: cmhaLBS@cmha-sm.on.ca

Salvation Army Cedar Place Shelter

261 Cedar St, Sudbury
P: 705-586-3293

Shelter House

420 George St., Thunder Bay
P: 807-623-8182
E: info@shelterhouse.on.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to NOSM University

Sarah Weersink
P: 705-529-3956
E: SarahT@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola
E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Thunder Bay and District Métis Council

226 May Street South
Thunder Bay, ON P7E 1B4
P: 807-624-5024
E: tbaymetisCouncil@gmail.com
mnotbay.com

Métis Nation of Ontario

SCHOOL FOOD PROGRAM



**Are you the parent of a
Métis child enrolled in
grades K-12?**

The MNO School Food Program provides K-12 families with support in purchasing groceries and promotes healthy eating habits!

Visit bit.ly/4rpUQOG to learn more!

Questions? Contact psupport@metisnation.org



Read our 2024-25

Education & Training IMPACT REPORTS



Scan the QR code or visit bit.ly/4aOBJIh to read the E&T Branch Impact Reports, containing statistics on programs from 2024-25!

OCAD UNIVERSITY

SCHOOL INFORMATION

OCAD University

100 McCaul St.
Toronto, ON M5T 1W1
P: 416-977-6000
E: admissions@ocadu.ca
ocadu.ca

INDIGENOUS CENTRE

Indigenous Student Centre

113 McCaul St., Room 410
E: isc@ocadu.ca
ocadu.ca/student-services/indigenous-student-centre

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 416-977-6000 ext. 250
E: financiala@ocadu.ca
ocadu.ca/student-services/financial-aid

Indigenous Student Finances

bit.ly/4q3lOdr

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at OCAD University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Wellness Centre

230 Richmond St. West, 6th and 8th Floor
(The Student Living Room)
E: swc@ocadu.ca
ocadu.ca/student-services/student-wellness-centre

Academic Success

ocadu.ca/student-services/international-students/academic-success

STUDENT BODY

OCAD Student Union (OCADSU)

Level 6, 230 Richmond St. West (RHB)
P: 416-977-6000 ext. 341
E: info@ocadsu.org

RESIDENCE/HOUSING

Residence Partners & Other Housing

admissions.ocadu.ca/afford/housing-partners

Indigenous Student Housing

ocadu.ca/student-services/indigenous-student-centre/indigenous-student-housing

FOOD BANKS

Student Pantry (in the Indigenous Student Centre)

E: rkennedy@ocadu.ca
bit.ly/4abli6h

Allan Gardens Food Bank

353 Sherbourne St.
P: 416-230-0050 ext. 1
E: info@dailybread.ca
dailybread.ca/need-food

LOCAL SHELTERS

Native Women's Resource Centre

191 Gerrard St. E, Toronto
P: 416-963-9963
E: info@nwrct.ca
nwrct.ca/programs-and-services

Eva's Phoenix (Youth Shelter)

60 Brant St., Toronto

P: 416-364-4716 ext. 236

E: intake@evas.ca

evas.ca/where-we-are/evas-phoenix/

Covenant House

20 Gerrard St. E., Toronto

P: 416-593-4849

E: info@covenanthouse.ca

covenanthousetoronto.ca

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psesupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to OCAD University

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL**Toronto & York Region Métis Council**

Unit 311-75 Sherbourne Street, Toronto

P: 416-977-9881 ext. 124

E: council@tyrmc.org

E: president@tyrmc.org

ONTARIO TECH UNIVERSITY

SCHOOL INFORMATION

Ontario Tech University

North Campus

2000 Simcoe Street North

Oshawa, ON L1G 0C5

P: 905-721-8668

ontariotechu.ca

Downtown Campus

61 Charles Street

Oshawa, ON L1H 4X8

INDIGENOUS CENTRE

Baagwating Indigenous Student Centre

151 Athol Street East

E: indigenous@ontariotechu.ca

FINANCIAL AID & SCHOLARSHIPS

Student Awards & Financial Aid

P: 905-721-3190

E: connect@ontariotechu.ca

safa.ontariotechu.ca

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Ontario Tech University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

studentservices.ontariotechu.ca/current-students/health-and-wellness/

Academic Advising

academicadvising.ontariotechu.ca/

STUDENT BODY

Ontario Tech Student Union

North Campus: SHA 115

Downtown Campus: CHA 129

P: 905-721-8668 ext. 3974

E: otsu@ontariotechu.ca

RESIDENCE/HOUSING

Ontario Tech Residence

Ontario Tech Residence

P: 905-728-8700

E: info@dc-otresidence.ca

ontariotechuresidence.ca

Off-Campus Housing

E: ocl@ontariotechu.ca

bit.ly/3TicgON

FOOD BANKS

Settlement House

387 Simcoe Street South, Oshawa

simcoehall.com/food-bank

Feed the Need Durham

P: 905-571-3863

E: info@ftnd.ca

feedtheneeddurham.ca

LOCAL SHELTERS

Bethesda House (Shelter for Women)

P.O. Box 82, Bowmanville

P: 1-800-338-3397

E: administration@bethesda-house.ca

bethesda-house.ca

Denise House

PO Box 30560, King Stevenson Postal
Outlet, Oshawa
P: 905-728-7311
E: info@thedenisehouse.com
thedenisehouse.com

Muslim Welfare Home

732 Dundas St. E, Whitby
P: 905-668-3680
E: ather.siddiquei@mwcanada.org

Wish YWCA

1 McGrigor St, Oshawa
P: 905-576-2997
E: info@ywcadurham.org
ywcadurham.org/services/wish-shelter

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Ontario Tech University

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola
E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Oshawa and Durham Region Métis Council

74 Simcoe Street South Suite 101
Oshawa, ON L1H 4G6
P: 416-453-1052
E: oshawadurhammetisCouncil@gmail.com

QUEEN'S UNIVERSITY

SCHOOL INFORMATION

Queen's University

99 University Avenue
Kingston, ON K1L 3N6
P: 613-533-2000
E: admission@queensu.ca
queensu.ca

INDIGENOUS CENTRE

Four Directions Indigenous Student Centre

144 & 146 Barrie St.
Kingston, ON K7L 3J9
P: 613-533-6970 ext. 4
E: direct@queensu.ca
queensu.ca/fourdirections

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

Office of the University Registrar, Gordon Hall
queensu.ca/registrar/financial-aid

Awards & Bursaries

E: awards@queensu.ca
E: bursary@queensu.ca

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Queen's University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

queensu.ca/studentwellness/

Academic Advising

queensu.ca/llcu/academics/academic-advising

STUDENT BODY

Alma Mater Society at Queen's University

John Deutsch University Center
2nd Floor, Room 224
P: 613-699-8974
E: executive.asst@ams.queensu.ca
myams.org

Student Affairs

Gordon Hall, 3rd Floor
P: 613-533-6944
E: studentaffairs@queensu.ca
queensu.ca/studentaffairs

RESIDENCE/HOUSING

Residence Life & Services

P: 613-533-6790
E: reslife@queensu.ca

Off-Campus Housing

P: 613-533-6745
E: ocla@queensu.ca

FOOD BANKS

PEACH Market

(Providing Equal Access, Changing Hunger)
Medical Building, 15 Arch Street
P: 613-533-2953
E: dining@queensu.ca
queensu.ca/food/commitments/food-security

AMS Food Bank and Good Food Boxes

Rideau Building Room 105
207 Stuart St., Kingston
E: foodbank@ams.queensu.ca
amsfoodbank.ca

Queen's Community Cupboard

Duncan-McArthur Hall
E: dmgtroisi@gmail.com
bit.ly/3RgguDX

Kingston Food Bank

140 Hickson Ave, Kingston
kingstonfoodbank.ca

LOCAL SHELTERS

Kingston Youth Shelter

234 Brock St., Kingston
P: 613-542-6672
E: kys@kingstonyouthshelter.com
kingstonyouthshelter.com

Home Base Housing

540 Montreal St., Kingston
P: 613-542-6672
E: info@kinstonhomebase.ca
kingstonhomebase.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

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E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Queen's University

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

High Land Waters Métis Council

Unit 4A-113 Richmond Blvd.
Napanee ON K7R 3Z8
E: hlwmc.president@gmail.com

SAULT COLLEGE

SCHOOL INFORMATION

Sault College

443 Northern Ave.
Sault Ste. Marie, ON P6B 4J3
P: 705-759-2554
saultcollege.ca

INDIGENOUS CENTRE

Enji Maawindiding

P: 705-759-2554 ext. 2758
E: indigenoustudies@saultcollege.ca
saultcollege.ca/indigenous-students/enji-maawinjiding-centre

Indigenous Students' Union

P: 705-705-2554 ext. 2663

FINANCIAL AID & SCHOLARSHIPS

Student Financial Assistance Office

Room M1200
P: 705-759-2554 ext. 2704
E: student.financial.assistance@saultcollege.ca
saultcollege.ca/admissions/financial-aid

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Sault College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

saultcollege.ca/student-information/student-services/student-health-and-wellness

Counselling

saultcollege.ca/student-information/current/counselling

STUDENT BODY

Sault College Students' Union

Room F1200
E: scsuinfo@saultcollege.ca
myscsu.ca

RESIDENCE/HOUSING

Residence: Ray Lawson Hall

P: 705-759-2554 ext. 2684
E: housing@saultcollege.ca
saultcollege.ca/residence-ray-lawson-hall

Off-Campus Housing

saultcollege.ca/off-campus-housing

FOOD BANKS

SCSU Emergency Food Bank

Located to the left of the Health & Wellness Building
myscsu.ca/food-bank.html

LOCAL SHELTERS

Woman in Crisis (Algoma) Inc.

23 Oakland Ave.
Sault Ste. Marie, ON P6A 2T2
P: 705-759-1230
womenincrisis.ca

St. Vincent Place

222 Albert Street East
Sault Ste Marie, ON P6A 2J4
P: 705-253-2770
vincentplacessm.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

Infinite Reach Facilitators are Métis mentors that support their fellow students and strengthen Métis visibility on campus. Contact us to find out if there's a Facilitator on your campus!

MNO Education & Partnership Advisor assigned to Sault College

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

The Métis Nation of Ontario Youth Council (MNOYC) is a group of youth representatives from across Ontario who advocate on behalf of the concerns and interests of Métis youth at the provincial level.

MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

The Provisional Council of the Métis Nation of Ontario (PCMNO) governs the MNO, focusing on self-government, representation, and community interests. The PCMNO Youth Representative is committed to advancing the rights and interests of Métis youth in Ontario.

PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Historic Sault Ste Marie Métis Council

136 John St.

Sault Ste. Marie, ON P6A 1P1

E: whitewolfclan61@gmail.com

SENECA POLYTECHNIC

SCHOOL INFORMATION

Seneca Polytechnic

P: 416-491-5050

E: student.recruitment@senecapolytechnic.ca
senecapolytechnic.ca

Newnham Campus

1750 Finch Avenue East
Toronto, ON M2J 2X5

King Campus

13990 Dufferin St.
King City, ON L7B 1B3

Markham Campus

8 The Seneca Way
Markham, ON L3R 5Y1

Peterborough Campus

925 Airport Rd.
Cavan-Monaghan, ON K9J 0E7

Other Campuses & Locations

senecapolytechnic.ca/campuses.html

INDIGENOUS CENTRE

First Peoples@Seneca

P: 416-764-0337

E: karen.white@senecapolytechnic.ca
bit.ly/3RrLAbA

FINANCIAL AID & SCHOLARSHIPS

Financial Support

bit.ly/3MA9P8Y

Awards, Scholarships & Bursaries

P: 416-764-9900

E: theservicehub@senecapolytechnic.ca
bit.ly/3RwXnpo

Indigenous Awards

bit.ly/46V1SQd

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Seneca Polytechnic. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness Centre

E: hwc@senecapolytechnic.ca
bit.ly/4s3f69o

Student Advising

bit.ly/4q7KXDP

STUDENT BODY

Seneca Student Federation

Newnham Campus, Room F1525
P: 437-312-0401

RESIDENCE/HOUSING

Seneca Residence

senecaresidence.ca

Newnham Residence

P: 416-491-8811

E: info@newnham@senecaresidence.ca

King Residence

P: 905-833-1650

E: info.king@senecaresidence.ca

Off-Campus Housing

bit.ly/41m31yZ

FOOD BANKS

Seneca Food Bank

ssfinc.ca/food-bank

LOCAL SHELTERS

Salvation Army, Community and Family Services

3080 Birchmount Rd. Toronto

P: 1-800-725-2769

bit.ly/48IIQTV

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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MNO Education & Partnership Advisor assigned to Seneca Polytechnic

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

Unit 311-75 Sherbourne Street, ON

P: 416-977-9881 ext. 124

E: council@tyrmc.org

E: president@tyrmc.org

SHERIDAN COLLEGE

SCHOOL INFORMATION

Davis Campus

7899 McLaughlin Road
Brampton, ON L6Y 5H9
P: 905-459-7533

Hazel McCallion Campus

4180 Duke of York Blvd.
Mississauga, ON L5B 0G5
P: 905-845-9430

Trafalgar Road Campus

1430 Trafalgar Road
Oakville, ON L6H 2L1
P: 905-845-9430

INDIGENOUS CENTRE

Centre for Indigenous Learning and Support

Davis Campus: Room B298
Hazel McCallion Campus: Room A308
Trafalgar Road Campus: Room B127
E: cils@sheridancollege.ca
bit.ly/3RGmrv8

FINANCIAL AID & SCHOLARSHIPS

Financial Aid & Awards

E: fin.aid@sheridancollege.ca
E: student.awards@sheridancollege.ca
bit.ly/3GQoVRj

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Sheridan College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

bit.ly/3L47bl1

Academic Advising

bit.ly/4jhJAR3

STUDENT BODY

Sheridan Student Union

Davis: Student Centre, SC200
E: ssui.dav@sheridancollege.ca
Hazel: Student Centre, C-Wing C302
E: ssui.hmc@sheridancollege.ca
Trafalgar: Student Centre, SC200
E: ssui.trc@sheridancollege.ca
thessu.ca

RESIDENCE/HOUSING

Sheridan Residence

Davis: P: 905-874-4393
E: info.davis@sheridanresidence.ca
Trafalgar: P: 905-815-4150
E: info.trafalgar@sheridanresidence.ca
bit.ly/3ToKfVG

Off-Campus Housing

E: offcampushousing@sheridancollege.ca
bit.ly/48lO9Tl

FOOD BANKS

SSU Food First Support

thessu.ca/foodfirst

Sai Dham Food Bank

31 Steinway Blvd, Etobicoke, ON
P: 437-988-4422
E: info@saidhamfoodbank.com
saidhamfoodbank.com

St. Mary's Food Bank

5715 Coopers Ave, Mississauga, ON
stmarysfoodbank.ca

LOCAL SHELTERS

Our Place Peel

3579 Dixie Road, Mississauga, ON
ourplacepeel.org

Salvation Army Wilkinson Road Shelter (Men, 25+)

15 Wilkinson Road, Brampton, ON
P: 905-452-1335

Haven House (Women, 25+)

18 Copeland Rd, Brampton, ON
P: 437-870-8484

Salvation Army Cawthra Road Shelter (25+)

2500 Cawthra Road, Mississauga, ON
P: 905-281-1272

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org
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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org
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MNO Education & Partnership Advisor assigned to Sheridan College

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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Evan Accettola
E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Credit River Métis Council

Suite 305, Plaza 2, 350 Rutherford Road South
Brampton, ON L6W 4N6
P: 905-450-4844
E: CRMCM@metisnation.org
creditrivermetiscouncil.ca

ST. CLAIR COLLEGE

SCHOOL INFORMATION

St. Clair College

stclaircollege.ca

Windsor Campus

2000 Talbot Rd W.
Windsor, ON N9A 6S4
P: 519-966-1656

Chatham Campus

1001 Grand Ave. W
Chatham, ON N7M 5W4
P: 519-354-9100

Downtown Campus

201 Riverside Dr. W
Windsor, ON N9A 5K4
P: 519-252-8311

Skilled Trades Regional Training Centre

3403 St. Etienne Blvd.
Windsor, ON N8W 5B1
P: 226-315-1235

INDIGENOUS CENTRE

Indigenous Student Centre

Windsor: Room A1607A
P: 519-972-2727 ext. 4677
Chatham: Room 111
P: 519-354-9714 ext. 3332
E: msampson@stclaircollege.ca
stclaircollege.ca/student-services/indigenous

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

Windsor: Room 166
Chatham: Room 134
E: financialaid@stclaircollege.ca
stclaircollege.ca/financial-aid

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at St. Clair College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Wellness

stclaircollege.ca/student-wellness

Academic Support

stclaircollege.ca/academic-support

STUDENT BODY

Student Representative Council (SRC)

Windsor Campus
P: 519-972-2716
stclair-src.org

Thames Students Incorporated (TSI)

Chatham Campus
P: 519-354-9100 ext. 3721
stclair-tsi.ca

RESIDENCE/HOUSING

Sheridan Residence

P: 519-966-1601
E: info@stclairresidence.ca
stclaircollege.ca/future-students/residence

Off-Campus Housing

stclaircollege.ca/international/housing

FOOD BANKS

SRC Food Bank

TD Student Success Centre
stclair-src.org/services/food-bank

Windsor Lifeline Outreach

4490 7th Conc., Windsor, ON

P: 519-972-6086

E: info@wlo-online.com

wlo-online.com

Outreach for Hunger

10 Wellington St. W, Chatham ON

P: 519-351-8381

E: bjil@ciaccess.com

outreachforhunger.com

LOCAL SHELTERS

Hiatus House

250 Louis Ave., Windsor, ON

P: 519-252-7781

hiatushouse.com

Salvation Army

1201 Grand Marais Rd. W, Windsor, ON

P: 519-966-7807

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to St. Clair College

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Windsor Essex Métis Council

145-600 Tecumseh Rd. E.

Windsor, ON N8X 4X9

P: 519-971-2986

ST. LAWRENCE COLLEGE

SCHOOL INFORMATION

St Lawrence College

stlawrencecollege.ca

Kingston Campus

100 Portsmouth Avenue
Kingston, ON K7L 5A6
P: 613-544-5400

Brockville Campus

2288 Parkedale Avenue
Brockville, ON K6V 5X3
P: 613-345-0660

Cornwall Campus

2 St. Lawrence Drive
Cornwall, ON K6H 4Z1
P: 613-933-6080

INDIGENOUS CENTRE

Waasaaviidaasamose Indigenous Centre

Kingston: Room 03030, Yellow Wing
Brockville: Room 277
Cornwall: Room A103, Aultsville Hall
bit.ly/47gLTfz

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 613-544-5400 ext. 5503
E: osapk@sl.on.ca
bit.ly/480WMMc

Bursaries & Scholarships

E: awards@sl.on.ca
bit.ly/472tqTM

Indigenous Student Bursaries

bit.ly/3Trkbtd

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at St. Lawrence College. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Wellness Services & Resources

bit.ly/44ulkVy

Academic Advisors

bit.ly/3MFEcL6

STUDENT BODY

Student Association of St. Lawrence College

Kingston E: safrontdesk@sl.on.ca
saslc.ca

Student Administrative Council

Brockville E: sgypfinb@sl.on.ca
brockvillesac.com

Cornwall Student Union

Cornwall E: csu@sl.on.ca
cornwallstudentunion.ca

RESIDENCE/HOUSING

St. Lawrence Residence

Kingston E: kresidence@sl.on.ca
Brockville E: bresidence@sl.on.ca
Cornwall E: gresidence@sl.on.ca
bit.ly/3TnFwnj

Off-Campus Housing

bit.ly/3RLeIMC

FOOD BANKS

Food Booth (Brockville Campus)

E: sgvpfinb@sl.on.ca

Snak Student Nutrition Assistance Kit

E: sabusman@sl.on.ca

saslc.ca/food-pantry

Kingston Food Bank

140 Hickson Ave, Kingston, ON

kingstonfoodbank.ca

LOCAL SHELTERS

Kingston Youth Shelter

234 Brock St., Kingston, ON

P: 613-542-6672

E: kys@kingstonyouthshelter.com

kingstonyouthshelter.com

Home Base Housing

540 Montreal St., Kingston, ON

P: 613-542-6672

E: info@kingstonhomebase.ca

kingstonhomebase.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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MNO Education & Partnership Advisor assigned to St. Clair College

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

High Land Waters Métis Council

Unit 4A-113 Richmond Blvd, Napanee, ON

E: hlwmc.president@gmail.com

TORONTO METROPOLITAN UNIVERSITY

SCHOOL INFORMATION

Toronto Metropolitan University

125 Bond St.
Toronto, ON M5B 1Y2
P: 416-979-5050
torontomu.ca

INDIGENOUS CENTRE

Gdoo-maawnjidiimi Mompîi Indigenous Student Services

Kerr Hall West Building (KHW), 3rd Floor
P: 416-979-5000, ext. 557699
E: ssaikkon@torontomu.ca
torontomu.ca/indigenous-student-services

FINANCIAL AID & SCHOLARSHIPS

Financial Assistance

P: 416-979-5036
E: finaid@torontomu.ca
bit.ly/4aslq02

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Toronto Metropolitan University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

torontomu.ca/the-creative-school-students/health-and-wellness/

Learning Support

torontomu.ca/student-life-and-learning/learning-support/

STUDENT BODY

Toronto Met Students' Union

55 Gould St., Toronto, ON
P: 416-979-5255
E: info@yourtmsu.ca
yourtmsu.ca

Indigenous Students' Association

E: indigisa@tyerson.ca

RESIDENCE/HOUSING

TMU Residence

Pitman Hall, PIT-100
P: 416-979-5284
E: housing@torontomu.ca
torontomu.ca/housing

Off-Campus Housing

E: offcamp@torontomu.ca
P: 416-979-5000 ext. 555043
bit.ly/3RSfjuP

Commuter Hostel

E: commuterhostel@torontomu.ca
bit.ly/48rbV0j

FOOD BANKS

Good Food Centre

Student Campus Centre, Basement
P: 416-979-5255 ext. 2319
E: gfc.coordinator@yourtmsu.ca
tmugfc.ca

Allan Gardens Food Bank

353 Sherbourne St., Toronto, ON

P: 416-230-0050

bit.ly/3RSfjuP

Toronto Vegetarian Food Bank

270 Gerrard St. E, Toronto, ON

P: 647-878-6515

E: tovegfoodbank@gmail.com

tvfb.ca/qa

LOCAL SHELTERS

Street Haven

87 Pembroke St., Toronto, ON

P: 416-967-6060 ext. 224

E: info@streethaven.com

streethaven.org

Seaton House

339 George St., Toronto, ON

P: 416-392-5527

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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E: KelseyP@metisnation.org

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Toronto & York Region Métis Council

Unit 311-75 Sherbourne Street, ON

P: 416-977-9881 ext. 124

E: council@tyrmc.org

E: president@tyrmc.org



WHAT IS IT?

"Scholar Talks" is a new event series featuring virtual presentations from Métis scholars and experts across Ontario. It presents important academic research in an accessible and easily digestible format that anyone can understand!

ATTEND OR PRESENT

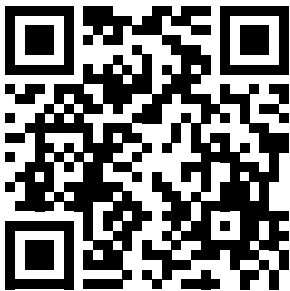
Scan the QR code below or visit linktr.ee/MNOScholarTalks to register to attend our upcoming talks or apply to be a presenter!



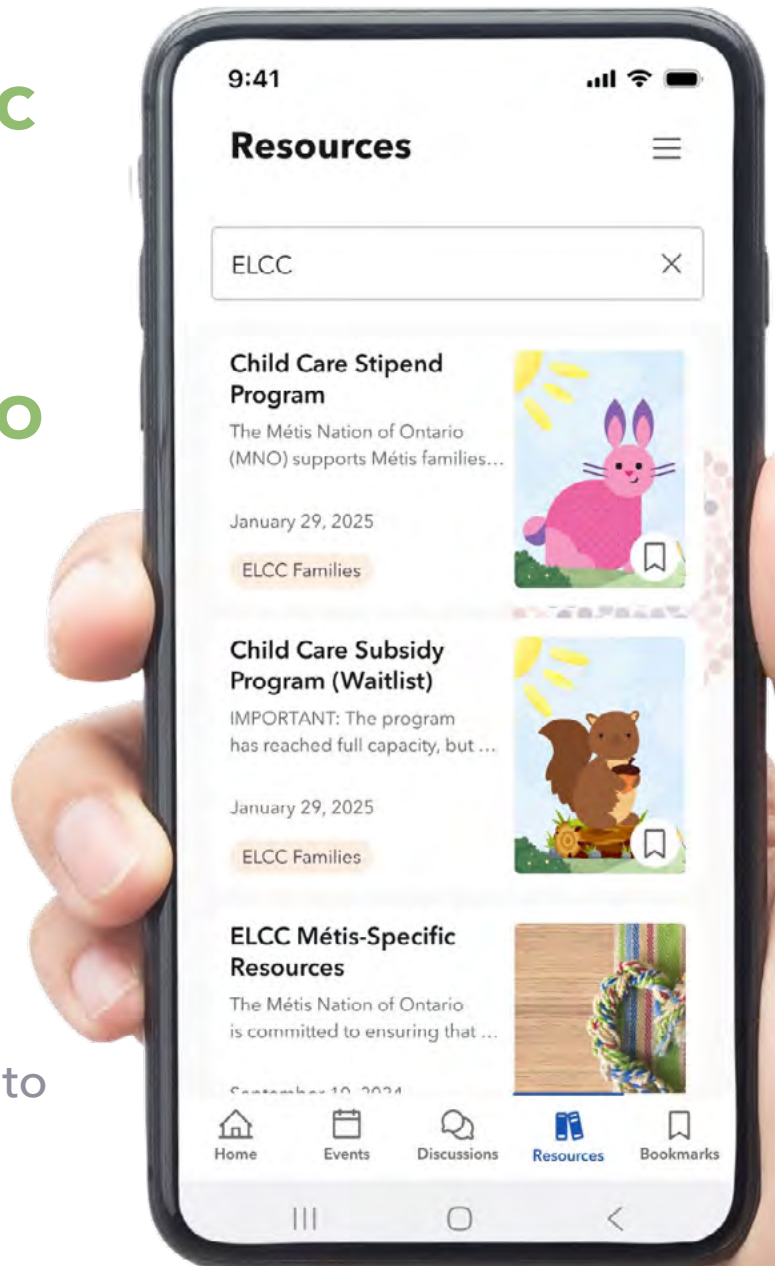
Please direct any questions to educationhub@metisnation.org

Are you the parent of a young Métis child? Or involved in early childhood education?

Learn about **MNO ELCC** resources, register for upcoming events, and join moderated discussions on the **MNO Education Hub** app!



Scan the **QR code** or visit linktr.ee/mnoeducationhub to download the app!



TRENT UNIVERSITY

SCHOOL INFORMATION

Trent University

1600 West Bank Drive
Peterborough, ON K9L 0G2
P: 1-855-698-7368
E: discovertrent@trentu.ca
trentu.ca

Durham GTA Campus

55 Thorton Road South
Oshawa, ON L1J 5Y1
P: 905-435-5100

INDIGENOUS CENTRE

First Peoples' House of Learning

E: fphl@trentu.ca
trentu.ca/fphl/

FINANCIAL AID & SCHOLARSHIPS

Scholarships, Awards & Bursaries

P: 705-748-1524
E: financialaid@trentu.ca
E: scholarships@trentu.ca
trentu.ca/studentfinances/

Financial Assistance for Indigenous Students

P: 705 748 1011 ext. 7358
E: fphlstudentsuccess@trentu.ca
bit.ly/3GTua2U

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Trent University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health Services

trentu.ca/wellness/health

Academic Advising

trentu.ca/advising

STUDENT BODY

Trent Central Student Association

Student Centre, 2nd Floor
E: info@trentcentral.ca

RESIDENCE/HOUSING

Trent University Housing:

Peterborough Campus:
P: 705-748-1097
E: residence@trentu.ca
Durham GTA Campus:
P: 905-435-5100 ext. 5150

Off-Campus Housing

E: officecampushousing@trentu.ca

FOOD BANKS

One-Stop Chop Food Pantry

TSCA Office (Student Centre, 2nd Floor)
E: services@trentcentral.ca
trentcentral.ca/onestop-chop-food-pantry

Kawartha Food Share

665 Neal Drive Unit 1, Peterborough, ON
P: 705-745-5377
E: info@kawarthafoodshare.com

Clarington East Food Bank

279 King Ave E, Newcastle, ON
P: 905-987-1418
E: claringtoneastfoodbank@gmail.com

LOCAL SHELTERS

Cornerstone (Women & Children)

40 Swayne St., Coburg, ON
P: 905-372-1545
E: info@cornerstonenorthumberland.ca

Yes Shelter (Youth & Families)

196 Brock St., Peterborough, ON
P: 705-748-3851
E: info@yesshelter.ca
yesshelter.ca

Brock Mission

217 Murray St, Peterborough, ON
P: 705-748-4766
brockmission.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
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MNO Education & Partnership Advisor assigned to Trent University

Kelsey Piché
P: 905-414-2241
E: KelseyP@metisnation.org
MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola
E: ClaireA@metisnation.org
MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

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E: EvanA@metisnation.org
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PCMNO PSE Rep

Ryan Lafleur
E: RyanL@metisnation.org
The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Peterborough and District Wapiti Métis Council

1045 Monaghan Road, Unit 102
Peterborough, ON K9J 5L2
P: 705-876-9806
E: PWMC@metisnation.org

UNIVERSITÉ DE HEARST

SCHOOL INFORMATION

Université de Hearst

Sac postal 580
60, 9e Rue
Hearst, ON P0L 1N0
P: 705-372-1781

Campus de Kapuskasing

75 rue Queen
Kapuskasing, ON P5N 1H5
705-372-1781

Campus de Timmins

395 boulevard Theriault
Timmins, ON P4N 0A8
P: 705-372-1781

FINANCIAL AID/SCHOLARSHIPS

Scholarships, Awards & Bursaries

1-800-887-1871, poste 100
uhearst.ca/bourses-et-aides-financieres

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Université de Hearst. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Accessibility & Wellness Services

en.centrelabellecentre.ca/etudiants

STUDENT BODY

L'Association étudiante de l'UdeH

bit.ly/3ORWZ4e

RESIDENCE/HOUSING

Housing Residence

1-800-887-1781, poste 100
uhearst.ca/vie-etudiante/logements

Off-Campus Housing

uhearst.ca/vie-etudiante/hors-campus

FOOD BANKS

Samaritain du Nord

912 Alexandra St., Hearst ON
P: 705-372-8694
E: corbeillouis1@gmail.com

LOCAL SHELTERS

211 Ontario North

P: 211
E: questions@211North.ca
211North.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

Have a question about MNO support programs or simply don't know where to direct your inquiry? Reach out to us, we're happy to help!

Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to Université de Hearst

Melody Chislett-Morris

P: 705-941-0370

E: MelodyC@metisnation.org

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MNOYC Chair

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E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Northern Lights Métis Council

261 Third Avenue, Unit 1

Cochrane, ON, P0L 1C0

P: 705-272-2277

UNIVERSITÉ DE L'ONTARIO FRANÇAIS

SCHOOL INFORMATION

Université de l'Ontario Français

9 Lower Jarvis St.
Toronto, ON M5E 0C3
P: 437 291-7344
E: registraire@uontario.ca
uontario.ca

FINANCIAL AID/SCHOLARSHIPS

Scholarships & Financial Aid

uof.ca/en/university-reimagined/admission-and-fees/scholarships-and-financial-aid

RESIDENCE/HOUSING

Parkside Residence

P: 416-977-8000
E: parkside@studenthousing.com
live-parkside.ca

FOOD BANKS

Allan Gardens Food Bank

353 Sherbourne St, Toronto, ON
allangardensfoodbank.net

Churches On The Hill Food Bank

230 St. Clair Ave W, Toronto, ON
P: 416-967-3842
cothfoodbank.ca

Parkdale Community Food Bank

5 Brock Ave, Toronto, ON
P: 416-532-2375
E: info@pcfb.ca
pcfb.ca

LOCAL SHELTERS

United Way Greater Toronto

40 Swayne St., Coburg, ON
P: 416-777-2001
unitedwaygt.org

Good Shepherd Ministries

412 Queen St E, Toronto, ON
P: 416-869-3619
E: info@goodshepherd.ca
goodshepherd.ca

Salvation Army: The Gateway

107 Jarvis St, Toronto, ON
P: 416-368-8710
thegateway.ca

Homes First Society

90 Shuter St, Toronto, ON
P: 416-214-1870
homesfirst.on.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

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P: 705-941-0370

E: MelodyC@metisnation.org

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E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

75 Sherbourne Street Unit 311

Toronto, ON, M5A 2P9

P: 416-977-9881 ext. 124

E: council@tyrmc.org

tyrmc.org

UNIVERSITY OF GUELPH

SCHOOL INFORMATION

University of Guelph

50 Stone Road East
Guelph, ON N1G 2W1
P: 519-824-4120
E: info@uoguelph.ca
uoguelph.ca

Ridgetown Campus

120 Main St. E.
Ridgetown, ON N0P 2C0
P: 519-674-1500
E: rcampus@uoguelph.ca

INDIGENOUS CENTRE

Indigenous Student Centre

UC Level 3 (Main Campus), Federal Building
P: 519-824-4120 ext. 58074
E: indigenous.student@uoguelph.ca
uoguelph.ca/studentexperience/isc

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

bit.ly/4iYlvgC

Indigenous Scholarships, Awards & Bursaries

bit.ly/3TVIX4Y

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at the University of Guelph. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Wellness

wellness.uoguelph.ca/health

Academic Advising

bit.ly/45e51MG

STUDENT BODY

Central Student Association

University Centre 274 (Main Campus)
P: 519-824-4120 ext. 56748
E: csamain@uoguelph.ca
csaonline.ca

RESIDENCE/HOUSING

University of Guelph Residence

P: 519-824-4120 ext. 58701
E: housing@uoguelph.ca
housing.uoguelph.ca
Family Housing:
P: 519-824-4120 ext. 52551

Ridgetown Campus Residence

E: rchousing@uoguelph.ca
ridgetownc.com/current/housing

Off-Campus Housing

Main Campus: bit.ly/3NWFDT3
Ridgetown Campus: bit.ly/4pQzZml

FOOD BANKS

Guelph Student Food Bank (Main Campus)

P: 519-824-4120 ext. 52561
E: foodbank@uoguelph.ca
csaonline.ca/services/guelph-student-foodbank

Wheatley Area Food Bank

108 Talbot Road East, Wheatley, ON
P: 226-484-1004
E: info@villageresourcecentre.ca
villageresourcecentre.ca/contact

LOCAL SHELTERS

Guelph-Wellington Women in Crisis

38 Elizabeth St., Guelph, ON

P: 519-836-1110

E: adminsac@gwwomenincrisis.org

Wyndham House Emergency Youth Shelter

18 Norwich St., Guelph, ON

P: 519-837-3892

E: adam@wyndhamhouse.org

bit.ly/458kH4b

The Stepping Stone

23 Gordon St., Guelph, ON

P: 519-837-0080

E: info@steppingstonegw.com

Chatham Hope Haven

183 Wellington St W, Chatham, ON

P: 519-351-4010

E: chathamhopehaven@gmail.com

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to the University of Guelph

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

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MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Grand River Métis Council

201-493 Lancaster St. W., Kitchener, ON N2K 1L8

E: president@grandrivermetis.ca

grandrivermetiscouncil.com

UNIVERSITY OF GUELPH-HUMBER

SCHOOL INFORMATION

University of Guelph-Humber

207 Humber College Blvd.
Toronto, ON M9W 5L7
P: 416-798-1331
E: info@guelphhumber.ca
guelphhumber.ca

INDIGENOUS CENTRE

Indigenous Education & Engagement

Learning Resource Commons, LRC2137
P: 416-675-6622 ext. 5424
humber.ca/indigenous

FINANCIAL AID & SCHOLARSHIPS

Guelph-Humber Student Financial Services

P: 416-798-1331 ext. 6256
E: finaid@guelphhumber.ca
guelphhumber.ca/sfs/contact-us

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at the University of Guelph-Humber. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

bit.ly/4qkKtKV

Academic Advising

bit.ly/4qeEbMI

STUDENT BODY

Ignite

Ignite Office KX202
P: 416-675-5051
E: info@ignitestudentlife.com
IgniteStudentLife.com

RESIDENCE/HOUSING

University of Guelph-Humber Residence

guelphhumber.ca/admission/residence

Off-Campus Housing

humber.ca/student-life/offcampuslife

FOOD BANKS

IGNITE Soupbar, North Campus

IGNITE Student Centre KX202
Lakeshore Campus, L Commons, 2nd Floor
E: info@ignitestudentlife.com

North York Harvest Food Bank

116 Industry Street Toronto, ON M6M 4L8
To find nearest location call
P: 416-635-7777 ext. 46
E: info@northyorkharvest.com
northyorkharvest.com

LOCAL SHELTERS

Youth Without Shelter

6 Warrendale Crt., Etobicoke, ON
P: 416-748-0110 press 0
E: moe@yws.on.ca
yws.on.ca

Brampton Youth Shelter

P: 905-238-1383
ourplacepeel.org/how-to-get-help

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

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MNOYC Chair

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MNOYC email list: bit.ly/3QQnozr

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Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

Unit 311-75 Sherbourne Street ON M5A 2P9

P: 416-977-9881 ext. 124

E: council@tyrmc.org

E: president@tyrmc.org

UNIVERSITY OF OTTAWA

SCHOOL INFORMATION

University of Ottawa

75 Laurier Avenue East
Ottawa, ON K1S 5L5
P: 613-562-5700
E: liason@uottawa.ca
uottawa.ca

INDIGENOUS CENTRE

Mashkawaziwogamig Indigenous Resource Centre

145 Seraphin-Marion Private
P: 613-562-5800 ext. 4529
E: irc-cra@uottawa.ca
bit.ly/3MztzCT

FINANCIAL AID & SCHOLARSHIPS

Scholarships & Awards

Desmarais Building, Room 3156
E: loansandawards@uottawa.ca
bit.ly/3Hc31bF

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at the University of Ottawa. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

bit.ly/4j2OEsh

Academic Advising

bit.ly/4q96T1q

STUDENT BODY

University of Ottawa Student Union (USOU)

P: 613-783-1380 ext. 101
E: info@seuo-uosu.com
seuo-uosu.com

RESIDENCE/HOUSING

University of Ottawa Residence

Residence Client Services, 90 University Private
Room 143
P: 613-562-5885
E: residence@uottawa.ca
uottawa.ca/campus-life/housing

Off-Campus Housing

P: 613-562-5621
E: offcamp1@uottawa.ca

FOOD BANKS

UOSU Food Bank

UCU 0022, Jock Turcot University Centre
E: foodbank-coord@seuo-uosu.com
seuo-uosu.com/services/food-bank

Centre507

507 Bank St., Ottawa, ON
P: 613-232-3059
centre507.org

Dalhousie Food Cupboard

211 Bronson Ave., Ottawa, ON
P: 613-230-3982
dalhousiefoodcupboard.ca

Ottawa Food Bank

1317 Michael St., Ottawa, ON
P: 613-745-7001
ottawafoodbank.ca

LOCAL SHELTERS

Cornerstone Housing for Women

314 Booth St., Ottawa, ON
P: 613-237-4669 ext. 300
E: info@cornerstonewomen.ca

Shepherds of Good Hope

256 King Edward Ave, Ottawa, ON
P: 613-688-2929 ext. 322
E: reception@sghottawa.com
sghottawa.com/shelter

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
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E: SarahT@metisnation.org
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LOCAL MNO COMMUNITY COUNCIL

Ottawa Region Métis Council

Suite 400-214 Montreal Rd.
Ottawa, ON K1L 6C9
P: 613-748-1880 ext. 306
E: ormc@gmail.com

UNIVERSITY OF TORONTO

SCHOOL INFORMATION

University of Toronto

E: admissions.sgs@utoronto.ca
utoronto.ca

St. George Campus

160-500 University Avenue
Toronto, ON M5G 1V7
P: 416-978-2011

Scarborough Campus

1265 Military Trail
Toronto, ON M1C 1A4
P: 416-287-8872

Mississauga Campus

3359 Mississauga Rd.
Mississauga, ON L5L 1C6
P: 905-569-4455

INDIGENOUS CENTRE

First Nations House

Borden Building North, 3rd Floor (St. George)
P: 416-978-8227
E: indigenous.initiatives@utoronto.ca
indigenous.utoronto.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

P: 416-978-2190
utsc.utoronto.ca/home/financial-aid

Indigenous Financial Aid

bit.ly/3S2dnzY

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OTHER SUPPORTS

Health & Wellness

bit.ly/3YA4QaQ

Academic Advising

bit.ly/4qf5B54

STUDENT BODY

University of Toronto Students' Union (UTSU)

Student Commons, Room 164 (230 College St.)
P: 416-978-4911
E: hello@utsu.ca
utsu.ca

RESIDENCE/HOUSING

University of Toronto Residence

E: residence@utoronto.ca
utm.utoronto.ca/housing

Off-Campus Housing

bit.ly/4aVvobx

FOOD BANKS

UTSU Food Bank (St. George Campus)

Student Commons, Room 136 (230 College St.)
E: entranceservices@utsu.ca
utsu.ca/food-programming

Scott Mission Food Bank

502 Spadina Ave, Toronto, ON
P: 416-923-3916

Fort York Food Bank

380 College St, Toronto, ON
P: 416-203-3011

Lighthouse Food Bank

1008 Bathurst St, Toronto, ON
P: 416-535-6262

LOCAL SHELTERS**Covenant House**

Toronto 20 Gerrard St. East Toronto
P: 416-598-4849
E: info@covenanthouse.ca
covenanthousetoronto.ca

Warden Woods Respite Shelter

705 Progress Ave., Scarborough, ON
P: 416-639-6733
E: respites@wardenwoods.com
wardenwoods.com/respites-services

Native Women's Resource Centre

191 Gerrard St. E, Toronto, ON
P: 416-963-9963

MNO CONTACTS**MNO Post-Secondary Education Team**

E: psupport@metisnation.org
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Unit 311-75 Sherbourne Street ON M5A 2P9
P: 416-977-9881 ext. 124
E: council@tyrnc.org
E: president@tyrnc.org

UNIVERSITY OF WATERLOO

SCHOOL INFORMATION

University of Waterloo

200 University Avenue West
Waterloo, ON N2L 3G1
P: 519-888-4567
uwaterloo.ca

INDIGENOUS CENTRE

Waterloo Indigenous Student Centre (WISC)

United College, Room 228
E: indigenousrelations@uwaterloo.ca
bit.ly/3N6Gi6N

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

East Campus 5 (EC5), 4th Floor
P: 519-888-4567 ext. 42268
uwaterloo.ca/the-centre/awards-and-financial-aid

Bursaries, Awards & Scholarships

uwaterloo.ca/indigenous/student-resources/bursaries-awards-scholarships

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at the University of Waterloo. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellbeing

uwaterloo.ca/students/health-and-well-being

Academic Advisors

uwaterloo.ca/the-centre/academics/academics-undergraduate-students/academic-advisors

STUDENT BODY

Waterloo Undergraduate Student Association (WUSA)

Student Life Centre, Room 1116
P: 226-243-6643
wusa.ca/about/contact

RESIDENCE/HOUSING

University of Waterloo Residence

Ron Eydt Village South 110
P: 519-888-4567 ext. 42679
E: housing@uwaterloo.ca
uwaterloo.ca/campus-housing

Off-Campus Housing

uwaterloo.ca/off-campus-housing

FOOD BANKS

WUSA Food Support Service

Student Life Centre Turnkey Desk
E: foodsupport@wusa.ca
wusa.ca/services/turnkey-desk

Community Fridge Waterloo

3 Charles St. W, Kitchener, ON
linktr.ee/communityfridgekw

Food Bank of Waterloo

Region 50 Alpine Crt., Kitchener, ON
P: 519-743-55761
thefoodbank.ca

Tiny Home Takeout

56 Duke St. W, Kitchener, ON
P: 226-972-9501
E: tinymetakeout@gmail.com
tinymetakeout.com

LOCAL SHELTERS

King Street Emergency Shelter

1668 King St. E, Kitchener, ON

Safe Haven Youth Shelters

41 Weber St W, Kitchener, ON

P: 519-749-1450

starlingcs.ca/housing/safe-haven-youth-services

Women's Crisis Services

700 Heritage Dr., Kitchener, ON

P: 519-653-2422

wcsvr.org

House of Friendship

174 King St N., Waterloo, ON

P: 519-742-8327

houseoffriendship.org

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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Infinite Reach Student Solidarity Network

E: InfiniteReach@metisnation.org

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MNO Education & Partnership Advisor assigned to the University of Waterloo

Sarah Weersink

P: 705-529-3956

E: SarahT@metisnation.org

MNO PSE Education & Partnership Advisors liaise, coordinate, and build collaborative relationships between the MNO and Post-Secondary Institutions across the province.

MNOYC Chair

Claire Accettola

E: ClaireA@metisnation.org

MNOYC email list: bit.ly/3QQnozr

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MNOYC President & PCMNO Youth Rep

Evan Accettola

E: EvanA@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

The PCMNO Post-Secondary Representative is committed to advancing the rights and interests of Métis post-secondary students in Ontario.

LOCAL MNO COMMUNITY COUNCIL

Grand River Métis Council

Suite 201-493 Lancaster Street W.

Kitchener, ON N2K 1L8

E: president@grandrivermetis.ca

UNIVERSITY OF WINDSOR

SCHOOL INFORMATION

University of Windsor

401 Sunset Avenue
Windsor, ON N9B 3P4
P: 519-253-3000
uwindsor.ca

Downtown Campus

167 Ferry Street
Windsor, ON N9A 0C5

INDIGENOUS CENTRE

Turtle Island: Indigenous Student Services Centre

CAW Student Centre, Room 179
P: 519-253-3000 ext. 3481
E: turtleisland@uwindsor.ca
uwindsor.ca/indigenous-student-services

FINANCIAL AID & SCHOLARSHIPS

Student Awards & Financial Aid

Chrysler Hall Tower, 1st Floor
P: 519-553-3000 ext. 3300
E: ask@uwindsor.ca
uwindsor.ca/studentawards

Bursaries, Awards & Scholarships

uwaterloo.ca/indigenous/student-resources/bursaries-awards-scholarships

Indigenous Financial Aid

bit.ly/48U7QVP

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at the University of Waterloo. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Student Health Services

bit.ly/48KavRL

Academic Advising

uwindsor.ca/success/advising

STUDENT BODY

University of Windsor Student Alliance

CAW Student Centre, Room 209
P: 519-971-3600
E: uwsa@uwindsor.ca
uwsa.ca

RESIDENCE/HOUSING

University of Windsor Residence

Vanier Hall, Room 49
P: 519-253-3000 ext. 3279
E: resservices@uwindsor.ca
uwindsor.ca/residence

Off-Campus Housing

uwindsor.ca/success/off-campus-housing

FOOD BANKS

Campus Food Pantry

CAW Student Centre, Room 233
P: 519-253-3000 ext. 3504
E: foodpantry@uwindsor.ca

Downtown Mission of Windsor

875 Ouellette Ave, Windsor, ON
P: 519-973-5573
E: info@downtownmission.com

Salvation Army Centre of Hope

355 Church St., Windsor, ON
P: 519-253-7473
E: windsorCOH.info@salvationarmy.ca

LOCAL SHELTERS

Downtown Mission of Windsor

875 Ouellette Ave, Windsor, ON
P: 519-973-5573
E: info@downtownmission.com

Welcome Centre Shelter for Women

500 Tuscarora St., Windsor, ON
P: 519-971-7595
E: info@welcomecentreshelter.com

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org
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Ryan Lafleur
E: RyanL@metisnation.org
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LOCAL MNO COMMUNITY COUNCIL

Windsor Essex Kent Métis Council

145-600 Tecumseh Road East, Windsor, ON
P: 519-974-0860 ext. 2
E: windsorsexmetiscouncil@gmail.com

WESTERN UNIVERSITY

SCHOOL INFORMATION

Western University

1151 Richmond St.
London ON N6A 3K7
P: 519-661-2111
E: welcome@uwo.ca
uwo.ca

INDIGENOUS CENTRE

Indigenous Student Centre

Western Student Services Building, Room 2100
P: 1-888-661-4095
E: isc.staff@uwo.ca
indigenous.uwo.ca/students

FINANCIAL AID & SCHOLARSHIPS

Student Finances

bit.ly/4aVXsMb

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Western University. Contact psupport@metisnation.org for more information.

OTHER SUPPORTS

Health & Wellness

uwo.ca/health/index.html

Academic Advising

vpacademic.uwo.ca/academic_advising.html

STUDENT BODY

University Students' Council (USC)

UCC Building, Room 340
P: 519-661-3574
westernusc.ca

Indigenous Students' Association (ISA)

E: indigenoustudent.club@westernusc.ca
bit.ly/4oY7wdn

RESIDENCE/HOUSING

Western University Residence

Ontario Hall, Room 3C10
P: 519-661-3547
E: housing@uwo.ca
residence.uwo.ca

Off-Campus Housing

E: off-campus.housing@uwo.ca
offcampus.uwo.ca

FOOD BANKS

Western Food Bank & Hamper Program

UCC Building, Room 40F
E: foodsupport@westernusc.ca
westernusc.ca/services/food-support-services

London Food Bank

926 Leathorne St., London, ON
P: 519-659-4045
londonfoodbank.ca

St. Paul's Social Services

472 Richmond St., London, ON
P: 519-434-8979
stpaulsocialservices.ca

LOCAL SHELTERS

Unity Project

717 Dundas St., London, ON

P: 519-661-4663

E: homelessprevention@london.ca

unityproject.ca

Salvation Army Centre of Hope

281 Wellington Street, London, ON

P: 519-661-0343 ext. 0

centreofhope.ca

MNO CONTACTS

MNO Post-Secondary Education Team

E: psupport@metisnation.org

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PCMNO PSE Rep

Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Thames Bluewater Métis Council

Unit 19-1100 Dearness Drive

London, ON, N6E 1N9

E: tbwmcpresident@metisnation.org

WILFRID LAURIER UNIVERSITY

SCHOOL INFORMATION

Wilfrid Laurier University

75 University Avenue West
Waterloo, ON N2L 3C5
P: 519-884-0710 ext. 3385
E: chooselaurier@wlu.ca
wlu.ca

Brantford Campus

73 George St.
Brantford, ON N3T 2Y3
P: 519-756-8228

Milton Campus

555 Industrial Dr.
Milton, ON L9T 5E1
P: 519-884-1970

INDIGENOUS CENTRE

Nadjiwan Kaandossiwin Gamik (Waterloo)

157 Albert St., Waterloo, ON
E: iscwaterloo@wlu.ca
bit.ly/3KTdZs4

Onkwehonwe:ne (Brantford)

111 Darling St., Brantford, ON
E: iscbrantford@wlu.ca

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

Schlegel, Room 102
P: 519-884-0710 ext. 2800
students.wlu.ca/finances/financial-aid

Indigenous Financial Support

bit.ly/3SdNrCB

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at Wilfrid Laurier University. Contact psupport@metisnation.org for more information.

STUDENT BODY

Students' Union

Fred Nichols Campus Centre, 2nd Floor
75 University Ave W., Waterloo, ON
P: 519-884-0710 ext. 4080
yourstudentsunion.ca/contact-us

OTHER SUPPORTS

Student Wellness Centre

students.wlu.ca/support-and-wellness/student-wellness-centre

Academic Advising

students.wlu.ca/academics/support-and-advising/academic-advising

RESIDENCE/HOUSING

Wilfrid Laurier University Residence

P: 519-884-0710 ext. 3236
E: housing@wlu.ca
bit.ly/3NYufGz

Off-Campus Housing

P: 1-866-766-0767
E: admin@p4s.com
bit.ly/48NBSaO

FOOD BANKS

On-Campus Food Bank

P: 519-884-0710 ext. 3436
E: foodbank@wlu.ca
yourstudentsunion.ca/food-bank

House of Friendship

807 Guelph St., Kitchener, ON

P: 519-742-0662

E: admin@houseoffriendship.org

houseoffriendship.org/how-we-help/food

LOCAL SHELTERS

King Street Emergency Shelter

1668 King St. E, Kitchener, ON

Safe Haven Youth Shelters

41 Weber St W, Kitchener, ON

P: 519-749-1450

starlingcs.ca/housing/safe-haven-youth-services

Women's Crisis Services

700 Heritage Dr., Kitchener, ON

P: 519-653-2422

wcsvr.org

MNO CONTACTS

MNO Post-Secondary Education Team

E: psesupport@metisnation.org

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MNO Education & Partnership Advisor assigned to the Wilfrid Laurier University

Kelsey Piché

P: 905-414-2241

E: KelseyP@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Grand River Métis Council

Suite 201- 493 Lancaster Street W.

Kitchener, ON N2K 1L8

E: president@grandrivermetis.ca

YORK UNIVERSITY

SCHOOL INFORMATION

York University

4700 Keele Street
Toronto, ON M3J 1P3
P: 416-736-2100
yorku.ca

Glendon Campus

2275 Bayview Avenue
Toronto, ON M4N 3M6
P: 416-736-2100

INDIGENOUS CENTRE

Centre for Indigenous Student Services

246 York Lanes
4700 Keele Street, Toronto, ON M3J 1P3
E: cissinfo@yorku.ca
bit.ly/49idZLk

FINANCIAL AID & SCHOLARSHIPS

Financial Aid

osap.yorku.ca

Scholarships, Awards & Bursaries

sfs.yorku.ca/scholarships-awards-bursaries

Métis Student Bursary Program

The MNO Métis Student Bursary Program provides bursaries to Métis students at York University. Contact psupport@metisnation.org for more information.

STUDENT BODY

York Federation of Students

First Student Centre, Room 336
P: 416-736-5324
E: internal@yfs.ca

OTHER SUPPORTS

Student Wellness Centre

students.yorku.ca/counselling

Academic Advising

students.yorku.ca/advising

RESIDENCE/HOUSING

York Residence

P: 416-736-5152, press 2
E: undergradres@yorku.ca
yorku.ca/housing/contact

Off-Campus Housing

offcampushousing.yorku.ca

FOOD BANKS

Food Support Centre

Second Student Centre, Room 005
P: 416-736-2100 ext. 44861
E: foodcentre@yfs.ca

North York Harvest Food Bank

540 Finch Ave W, North York, ON
P: 647-635-7771
E: info@northyorkharvest.com
northyorkharvest.com

FoodShare Toronto

238 Queen Street W, Toronto, ON
P: 416-363-6441
E: info@foodshare.net

LOCAL SHELTERS

North York Women's Shelter

1140 Sheppard Ave., North York, ON

P: 416-638-7335

E: info@nyws.ca

nyws.ca

Youth Without Shelter

6 Warrendale Court, Etobicoke, ON

P: 416-748-0110

E: communication@yws.on.ca

yws.on.ca

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Ryan Lafleur

E: RyanL@metisnation.org

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LOCAL MNO COMMUNITY COUNCIL

Toronto & York Region Métis Council

75 Sherbourne St. Unit 311

Toronto, ON M5A 2P9

P: 416-977-9881 ext.124

E: council@tyrnc.org

tyrnc.org

How to Use My Career Journey

Tips for using Ontario's new interactive online tool



[Learn more!](#)

What is My Career Journey?

An online tool that provides trusted education and labour market information to **help people confidently navigate career pathways** in Ontario.

Who is My Career Journey for?

- Current and future postsecondary students
- Workers looking to upskill or change careers
- Job seekers, newcomers and people who want to explore pathways to in-demand jobs in Ontario

Where do I start?

➔ I don't know what career I want to pursue.

Visit the 'Plan your career' page and explore 'Career planning tools' to find personalized resources, labour market information, job profiles, career quizzes and planning services.

➔ I know what career I want and have the right education, but I need help finding a job.

Check out the 'Find jobs and employment' page and 'Tools to find jobs' to access job banks and other employment supports. Also learn about job opportunities in specific sectors.

➔ I know what career I want to pursue but need help finding the right education.

Browse the 'Postsecondary education' page and 'Educational tools' to find postsecondary institutions and programs and learn more about admission standards, how to apply and financial assistance.

➔ I want to pivot to a new career.

Go to 'Search in-demand careers' to learn about jobs in high demand careers. Also access career profiles with key insights, including historical number of job postings and required education.

Key features



Complete a **5-minute questionnaire** to get personalized education and career resources to help you plan your next steps.



Use a map of **Ontario's postsecondary institutions** to find the campus that's right for you – whether you want to stay close to home or explore a new part of the province.



Find in-demand jobs near you, using the tool's **interactive careers map**.