

# ELCC ADVISORS' NEWSLETTER

May 2026

## Mother's Day - Sunday, May 10, 2026



### Mother's Day Tea and Bannock

Oven-baked Bannock is a staple food for Métis people. It is made from shelf-stable ingredients such as flour, sugar, water, fat or lard and baking powder. Bannock could be quickly prepared from readily available ingredients, and because these ingredients lasted a long time without spoiling, it became a staple for the voyageurs and European fur traders.

Celebrate your mom or someone special with a bannock and tea. Bake bannock together, top it with your favourite jam or jelly and enjoy it with a cup of tea.



**Click here for a multilingual Bannock recipe**

[CLICK HERE](#)

Source: Barkwell, L. J., Dorion, L., & Hourie, A. (2006). Metis legacy: Michif culture, heritage, and folkways (Vol. 2). Gabriel Dumont Institute.

Photo source: Barkwell, L. J., Dorion, L., & Hourie, A. (2006). Metis legacy: Michif culture, heritage, and folkways (Vol. 2). Gabriel Dumont Institute.

## MNO ELCC Resources Available for Purchase!

Did you know that Wintergreen Learning Materials now offers Métis-centered resources developed by the MNO ELCC Advisory Team?

### Now Available:

- Métis Like Me Story Bag Kit-New
- Christmas Mittens Story Bag Kit
- Ways to Carry a Métis Baby Story Bag Kit
- The Giving Tree Story Bag Kit

These exclusive kits are funded by proceeds that directly support the development of future-focused resources and learning materials. Therefore, they are designed to help Métis children see themselves reflected in their learning environments and to foster a strong sense of belonging, supporting their lifelong well-being.



## Registered Early Childhood Educator Support Program

Are you an MNO citizen and a Registered Early Childhood Educator (RECE)? If so, there are supports to help offset the costs of continuous professional learning.

To learn more, reach out to our team at: [elccpartnerships@metisnation.org](mailto:elccpartnerships@metisnation.org).

[CLICK HERE](#)

## Red Dress Day - May 5, 2026



Every year on May 5th, we mark the National Day of Awareness for Missing and Murdered Indigenous Women and Girls. Also known as "Red Dress Day," it is a time to remember and honour missing and murdered Indigenous women, girls and Two-Spirit persons.



[CLICK HERE](#)

Click the link or scan the QR code to Learn more about the Red Dress Movement, launched by Métis artist Jaime Black that commemorates missing and murdered Indigenous women from First Nations, Inuit, Métis (FNIM), and Native American communities.

Source: Wikimedia Foundation. (2025, July 26). Redress project. Wikipedia. [https://en.wikipedia.org/wiki/REDress\\_Project](https://en.wikipedia.org/wiki/REDress_Project)

Photo: A participant holds a placard with words 'No More Stolen Sisters!!'. Hundreds of women participated in the annual Red Dress Day march in downtown Edmonton, hosted by Project REDress, commemorating the lives of missing and murdered indigenous women and girls across Canada. (Photo by Artur Widak/NurPhoto via Getty Images)

## Métis Like Me Story Bag Presentation

This session will explore outdoor learning inquiry while extending conversations about cultural appreciation, Truth and Reconciliation and responsibility when engaging with Métis knowledge, stories, and way of life. Educators will be introduced to ideas and activities that complement the resource cards provided in the kit. These activities provide an opportunity for outdoor exploration, land-based learning, and inquiry through Métis-inspired themes. They also support children in connecting their own lived experiences, helping them develop understanding and respect for others' ways of life and the land.

Participants will leave with practical ideas to support inclusive, play-based learning that fosters a sense of belonging and respect for diverse cultures. Subject to availability, participants will be provided a "Métis Like Me" Story Bag to use in their own early learning environments.

[CLICK HERE](#)



## ELCC Infrastructure And Partnership Advisor Team

The ELCC Advisor Team at the Métis Nation of Ontario is dedicated to enhancing relationships with existing early learning centers/programs across Ontario and strengthening ties with regional municipalities.

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